





Prince performs at the Met Center in Minneapolis in 1983, DAVID BREWSTER/STAR TRIBUNE VIA THE ASSOCIATED PRESS

'This is not cheap stuff'

Opposition wants VG plan cost projections made public



Ryan Metro | Halifax Opposition parties say they're happy to finally see a plan for

the troubled VG site, but want to see "real dollars" on how much everything will cost. The Liberal government announced a five- to seven-year timeline for moving patients

and services to renovated sites, including the Infirmary and Dartmouth General, but had no new numbers as designs still have to

be finalized.

"It would be irresponsible for me to throw a number out without having ... the design work done, having the expertise," Premier Stephen McNeil said.

McNeil did promise, however, the project would be "on time and on budget."

PC MLA Chris d'Entremont said he has no issues with the new care model but added it's important to give residents an idea of how much the whole project will cost. "You've got to have some real dollars attached to this," d'Entremont said. "This is not cheap stuff.

"What you're doing and how you're going to pay for it is a big part."

McNeil said the government is looking into a public-private partnership funding formula for some parts of the project and expanding the use of for-profit Scotia Surgery, about which NDP MLA and former health minister Dave Wilson expressed concern.

"Nova Scotians should keep ownership of their health care system," Wilson said.

More coverage, page 4

Duffy cleared of all charges in Senate expenses scandal metro



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HOMICIDES IN HALIFAX

Starting the conversation Shooting victim

STREET VIOLENCE

Anti-gun rally draws dozens to site of city's latest murder



Nicole Gnazdowsky For Metro | Halifax

"Every life is valuable" was the message delivered by Rev. Rhonda Britton at a CeaseFire rally held in response to the recent homicides in Halifax.

CeaseFire, a non-profit, community-based organization aimed at putting an end to gunrelated violence, held the rally Thursday evening on the corner of Gottingen and Falkland, the site of Tuesday's most recent homicide that claimed the life of 23-year-old Naricho Clayton, to get the community talking about the problem.

"We have to start having conversations about it because violence has embedded itself in certain communities in the Halifax region, and disproportionately in certain areas," said Carlos Beals, outreach worker for CeaseFire.



Some of the demonstrators at Thursday night's rally in Halifax. CeaseFire, a group calling for an end to street violence, said the behaviour is learned and the first step towards stopping it in Halifax's communities is to start the discussion about it, NICOLE GNAZDOWSKY/FOR METRO

CeaseFire believes it's going to be up to the community as a whole to end the trends of violence.

"Violence is a learned behaviour, it's something that has become so normalized in certain communities, and what we have to do is de-normalize. But the only way to do that is by starting the conversation,"

Violence has embedded itself in certain communities.

Carlos Beals

"There's a lot of silence, • for a specific suspect. there's been a culture now that : Based on an autopsy carried exists for the past decade where • out Wednesday, the medical exathere's a no snitchin' or keep • miner officially ruled the death the silence, don't say anything. • a homicide and identified the But we realize that it's not work- victim as Naricho Clayton, 23, ing," he said.

said it's time to say that violence homicide of 2016 and Halifax's is an unacceptable behaviour.

the hearts and minds of people of gunfire in the 2000 block of and it has a domino effect," said Gottingen Street.

ted their assistance in fighting • said one man, Clayton, died at to end violence but want the • the scene while the second was

Altogether about 50 people • ening injuries.

in heaven, and I want people to are currently looking for him. stop shooting and pulling guns Police encourage anyone with out around people," said 10-year-old rally attendee Kyler Johnson. or contact Crime Stoppers.



Police have identified the victim of Tuesday night's shoot- ing death on Gottingen Street in Halifax and are now looking

Metro | Halifax

of Dartmouth.

The organization's members . Clayton is the region's sixth

"It is a disease, it infiltrates On Tuesday night, police were our communities and gets into called around 11 p.m. to reports

Upon arrival they found two Britton and CeaseFire commit- : males inside a vehicle. Police community to do its part as well. * taken to hospital with life-threat-

came to the rally to take a stand . The investigation is ongoing, against violence. and Halifax Regional Police said "I came here and hope this on Thursday that investigators man's soul has a happy life up : have identified a suspect and





Ryan Shay makes his way around the track during a demonstration of paralympic wheelchair racing at the Canada Games Centre on Thursday. JEFF HARPER/METRO

Paralympians ready to rock Rio

CHAMPIONS

Athletes as dedicated as Olympians: Chef de Mission



If more of the public could get a glimpse into the daily lives of Paralympic athletes, Pamela LeJean thinks they might be surprised.

LeJean, a thrower from Cape Breton and a Rio 2016 hopeful, said although she doesn't like to directly compare Paralympic and Olympic sports, the general public may underestimate the dedication and commitment Paralympic athletes have.

She met with renowned Paralympian Chantal Leclerc and other local athletes Thursday at the Canada Games Centre in Clayton Park, in part to raise awareness for Paralympic sport and the upcoming games in Rio de Janeiro.

Leclerc, the Chef de Mission for the Rio 2016 Paralympic Games, said since her first Paralympic Games in 1992, the event has evolved, but still not everyone recognizes how high performance it is.

"The level of commitment and dedication that is needed to get there and to bring those performances and to have the best performance possible, it is really the same that is required of Olympic athletes," she said.

COMPETITION'S HEATING UP

The Canadian Championships and Rio Selection Trials take place in Edmonton July 7 to 10 The Paralympic Games take place in Rio de Janeiro, Brazil from Sept. 7 to 18.

LeJean said one thing that's great about events to raise awareness is that they bring attention to the wide array of sports available to people with disabilities, which are more than well-known sports like wheelchair basketball.

She said she loves throwing, which includes discus, shot put and javelin, because each success and failure is entirely on her.

"When you're in the throwing circle at a competition, you're there by yourself so you can see every centimetre on the ground that you gain. You know that you did that because of your dedication," she said.

LeJean is competing in several events in the next few months, including in Arizona and Prague, and hopes all the hard work she's been putting into training will pay off.

She'll be competing in the Canadian Championships in Edmonton in July, and will find out soon after if she's made Canada's Paralympic team.



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Hospital slated for demolition

DEVELOPMENT

No replacement facility in the works, other sites to expand



Haley Metro Halifax

Patients and services will be moved out of the aging Victoria General site over the next five years, but the premier said residents will receive "topquality health care" in those facilities until then.

On Thursday, the provincial government and Nova Scotia Health Authority (NSHA) announced a plan for the Victoria and Centennial buildings that would have them decommissioned in 2020 and demolished in 2022, with services shifting to existing sites or new outpatient centres.

"What we could do is ... build the same facility, and if we did that it would be shame on us," Premier Stephen Mc-Neil said during a press conference in the QEII Health Centre's Halifax Infirmary.

"This is a real opportunity for us as a province to shape the health care delivery model in our province."

CEO of the NSHA, Janet Knox, said the most complex and specialized inpatient services such as multi-organ transplants will be moved to the Halifax Infirmary with planned fifth-floor renovations including more operating rooms and beds.

A new outpatient centre will be built near or attached to the Infirmary, while a community outpatient centre will be built on the outskirts of the Halifax area for services that don't need to be delivered in a hospital. Knox added it will



Premier Stephen McNeil fields questions at a news conference in Halifax on Thursday. ANDREW VAUGHAN/THE CANADIAN PRESS

also be easier for the 40 per cent of patients coming from outside HRM to access.

The Nova Scotia Cancer Centre housed in the Dickson building at the Victoria General site will also be updated and expanded, and renovations estimated between \$132 million and \$138 million at the Dartmouth General Hospital will continue to create four additional operating rooms and 48 beds.

Five palliative care beds will move to the future Halifax Hospice from the VG, bringing the total beds there to 10.

Surgeries will also be relocated to the Hants Community Hospital in Windsor when their second operating room is renovated, Knox said, and

they are looking into increasing capacity at Scotia Surgery to five days a week above the current three days.

The VG site has dealt with multiple issues in recent years including floods, heating troubles, bedbugs, rodent sightings, and Legionnaire's disease in the pipes.

McNeil said while there's lots of "negative news" about the VG, Nova Scotians should rest assure "they can continue to receive services they've come to expect from topquality health care providers in those facilities" as changes are rolled out in the next five to seven years.

Dr. David Kirkpatrick said he's worked in both buildings for decades, and they have become "obsolete and unreliable" for fitting modern medical needs into small operating rooms.

With so many moving parts, Kirkpatrick said it may be easy to identify a room in the Infirmary where people could be moved to make space, but trying to start renovations when surgeries are going on be behind an adjacent wall is tricky.

"It might not be safe or even appropriate ... so those kinds of logistic things we have to deal with in terms of planning the overall strategy," Kirkpatrick said.

Some services could be moved out in late 2016, but there are no detailed plans yet on what those would be.

🛟 QEII REDEVELOPMENT TIMELINE

- Dartmouth General Hospital (DGH) additions for four ORs and 48 beds -Design of Halifax Infirmary (HI) 5th floor OR

and ICU renovations - Design of Halifax Hospice

 Construction begins in Hants Community Hospital Contract discussions with Scotia Surgery

2017

 Relocation of services from Victoria, Centennial sites begin

 DGH construction on 3rd, 4th floor ends.

- Construction to DGH addition begins

 Construction begins on HI 5th floor renovations - HI design for

renovations and outpatient centre begins Design and construction centre begins

- Construction finishes of Halifax Hospice

for community outpatient

- Planning finishes in NS Cancer Centre

2018-2019

 Design and construction over various sites

2020

- Construction ends of community outpatient centre

 Decommission of VG buildings begins

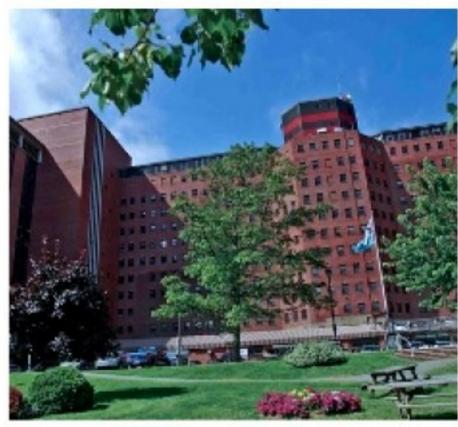
2021

- DGH addition's construction completed

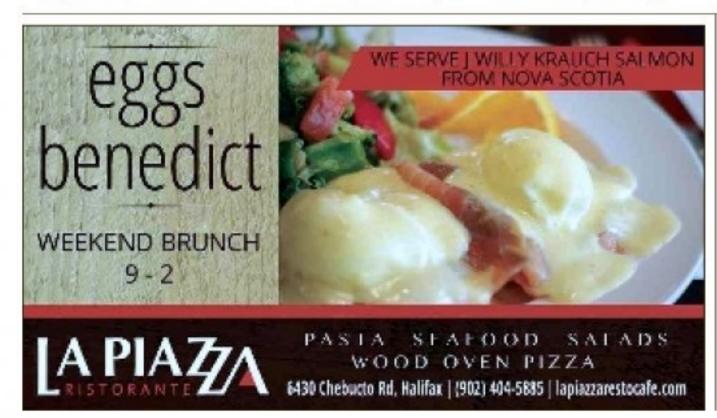
2022

- Demolition of VG buildings

- HI expansion, outpatient centre construction completed



The Victoria General Hospital is planned to be decommissioned by 2020 and demolished by 2022. METRO FILE





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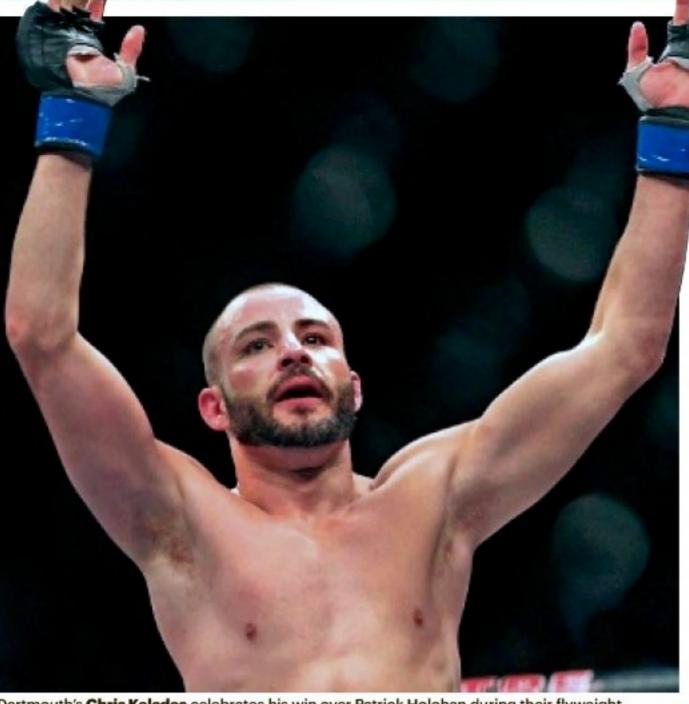


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Dartmouth's Chris Kelades celebrates his win over Patrick Holohan during their flyweight preliminary bout as part of UFC Fight Night Halifax at the Scotiabank Centre in October 2014. Kelades' next fight is against Sergio Pettis at UFC 197 in Las Vegas. JEFF HARPER/METRO

Stepping back into the cage

Chris Kelades is ready for his next big fight at UFC 197



Kristen Lipscombe Metro Halifax

For Cole Harbour mixed martial artist Chris Kelades, it's just as important to be "mentally strong" as it is to be physically tough.

Since early January, Kelades has been working on both his mind and muscles while training in Coconut Creek, Fla., in preparation for his next big bout.

The 35-year-old flyweight takes on American fighter Sergio Pettis this Saturday, as part of UFC 197 at the MGM Grand in Las Vegas.

It will mark his fourth UFC appearance, but his first on a card of this magnitude.

"I love to do it," Kelades said recently of his blossoming MMA career, which got a kick-start in October 2014. He was added late to UFC Fight Night 54 in Halifax, seizing the opportunity with a unanimous decision win over Patrick Holohan of Ireland in front of an electric home-province crowd at the Scotiabank Centre.

The night marked the first UFC card for both Halifax and Kelades.

"Even though (there) are days that it's hard physically, it is still what I love to do," he told Metro from Florida. "Anybody who has a job that they like, you may love it, but there are certain days that you don't."

"But because it's your passion ... it pushes you through."

In the American Top Team gym down south, Kelades has been honing his skills in "everything from boxing and wresting and jiu jitsu," and sparring a couple of times a week, to mentally prepare for stepping back into the octagon.

"They have multiple train-

ers and coaches here in each of the different (disciplines)," said Kelades, who trains out of Fit Plus gym in Cole Harbour when he's home. "There are hundreds of people that train at this gym and dozens that are in the UFC or ... fight at a high level."

Listed as five-foot-seven and 125 pounds on UFC.com, Kelades, also known as The Greek Assassin, has a 9-2 professional MMA record overall. Pettis, a 22-year-old fighter nicknamed The Phenom, weighs in at 125 pounds at five-foot-six, with a 13-2 record overall.

"It's a good named opponent," Kelades said of the upcoming UFC card. "He's more of a stand-up guy, but at this level, everybody's good."

That's why Kelades has been focused on making his "overall game better."

"It's just going to be exciting to have the challenge and have the opportunity to showcase my skills," he said.

"I'm lucky to be someone that does what I enjoy."



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An Air Canada jet takes off from Halifax Stanfield International Airport in 2012. THE CANADIAN PRESS/FILE

'The plane was all over the place'

NEWFOUNDLAND

Aircraft spun and nosedived before crash, passenger says

Before the small Beechcraft plane crash-landed in eastern Newfoundland, passenger Kris Ralph wondered whether it should have been flying at all.

The 27-year-old Ralph has flown the route between his job in Labrador and the Gander, N.L., airport frequently over the past three years.

On Wednesday, before it departed from Goose Bay with 16 aboard, he said he was questioning whether the Air Canada Express flight should go ahead as an April blizzard was expected. When the plane descended in Gander, which was being buffeted by strong winds and snowfall of about 40 centimetres, he doubted the pilot would seek to land on the first attempt.

"It was pretty crazy in that wind ... The plane was all over the place trying to get down," he said in a telephone interview.

Ralph said that on previous landings in Gander in rough weather, the plane would often descend several times before actually attempting to set down.

"This was first attempt going right to the runway. I wasn't prepared for it," said Ralph, a heavy equipment supervisor.

"It was mostly just shock, knowing we shouldn't have been flying in that weather and then to actually crash land."

Ralph said the plane hit the tarmac hard, nosedived and spun, pushing him into the side of the aircraft. He saw pieces of a prop break off and strike a window three seats ahead of him.

He said the plane came to an abrupt stop, and he could smell melted fibreglass from the skid along the runway.

The passengers spent almost 20 minutes on the runway waiting for vehicles to respond, he said. TO MEDIA



A spokesman for Air
Canada said the airline
wasn't commenting on
the crash other than to
note that an investigation
had been started by the
Transportation Safety
Board. TO MEDIA



'Lifelong healing journey' begins

MEMORIAL

Girlfriend, mother of victim return to Peggy's Cove



A year after Jamie Quattrocchi's death, an Ontario man's mother and girlfriend are returning to Peggy's Cove on Friday, to remember him and discuss new safety measures with the Nova Scotia government.

Quattrocchi died on April 22, 2015, after being swept into the water at Peggy's

Caroline Quattrocchi and Brittany Smith will be at Peggy's Cove Friday morning,



An RCMP officer looks out from Peggy's Cove Lighthouse last April, while a cormorant helicopter and local fishermen scour the water for Jamie Quattrocchi, who was washed off the rocks.

but have asked for privacy as they quietly reflect, and at 1 p.m. will be discussing the new safety measures with Minister of Business Mark Furey.

Quattrocchi said working toward increased safety measures at Peggy's Cove ensures her son did not die in vain. "It's going to be a lifelong

healing journey," she said, "but we were determined from the beginning that we would not let the grief get the better of us, that we would get the better of the grief and not back down until the changes are made."



Jamie Quattrocchi FACEBOOK/CONTRIBUTED

Quattrocchi said Furey has been responsive to their concerns and suggestions since the tragedy.

"We've spoken a few times over the past year and I talked about what we'd like to see done in order to avoid anyone else from having to go through what we've gone through and what Jamie had to go through," she said.

Quattrocchi said she's happy with the changes, but thinks more could be done.



The changes coming to Peggy's Cove include:

- New and enhanced
- safety signs A video warning in the
- tourist centre Interpretive panels
- describing the ocean's strength
- Better communications between staff and
- Rock barriers
- A campaign on social media

"We ought not wait until there's another tragedy to decide that it's not enough," she said.

Quattrocchi and Smith have also raised \$7,500 from their community in Jamie's honour that they will be presenting to the Lifesaving Society of Nova Scotia.

"When Brittany goes there she does feel closer to Jamie," Quattrocchi said. "But it's also a vivid reminder of the tragedy that took his life."

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We ought not wait until there's another tragedy to decide that it's not enough. Caroline Quattrocchi

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TRAILER PARK BYES ANOTHER EXIT Jonathan Torrens is the latest cast member of Trailer Park Boys to call it quits. He announced the decision on Twitter. He says acting on the cult comedy TV series has been one of the greatest pleasures of his life but it's time to move on. He spent 10 seasons as J-Roc, an aspiring rapper who lives at the fictional Sunnyvale Trailer Park in Nova Scotia, canadian press file photo

Have your say on bike lanes

Open house to be held at central library

The Halifax Regional Municipality is inviting residents to attend an open house regarding plans to improve and extend South Park Street bike lanes.

The open house takes place Monday from 7 to 8:30 p.m. at the Halifax Central Library, Lindsay Children's Room, 5440 Spring Garden Road, Halifax

Marked bicycle lanes currently exist in both directions on South Park Street, between Sackville Street and Morris Street/University Avenue.

On-street improvements being considered for this section of the bicycle lane include options to reduce conflicts between motor vehicles.

The South Park Street bicycle lane project is still in the planning phase and any recommended changes would have to be approved by Regional Council prior to implementation.

For more information, visit the following website: halifax.ca/cycling/bikelanes.

Beware scam: Police

Police in Halifax and Kentville have issued a warning about two recent incidents of people appearing to misrepresent themselves as child protec-

A family in the Kentville area was approached on social media and a parent in Dartmouth was

approached at home by two women and a man. In both cases, parents were told they could lose custody of their child.

Police and Community Services say people should verify the credentials of Community Services employees.

THE CANADIAN PRESS



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The narcissistic perfectionist

PSYCHOLOGY

Dalhousie researcher explains how to recognize them

You may work for one. You may even live with one.

But if you don't recognize the dark personality traits of the narcissistic perfectionist, you could be putting your mental and physical health at risk, says clinical psychologist Simon Sherry.

The professor at Dalhousie University's Department of Psychology and Neuroscience has produced new, empirical research that reveals for the first time the ugly, toxic result when narcissism and perfectionism combine in the same person.

"Narcissistic perfectionism is destructive, and it tends to be particularly destructive to people who find themselves in an entrapped sort of relationship," Sherry says. "

However, these individuals can be difficult to recognize. That's why Sherry has put together a checklist of traits to watch for:

1. Hypercriticism

The narcissistic perfectionist (NP) is quick to pounce on the mistakes of others, even minor blunders. Errors provoke frustration for the NP, who appears chronically dissatisfied with others' performance.

They routinely point out other people's flaws.

"The criticism is ceaseless," Sherry says. "And if you fall short of their lofty standards, they're likely to lash out at you in a harsh way."

2. Other-oriented perfectionism

For most of us, perfectionism means setting consistently high standards for ourselves. Not so for the NP. They demand perfection

from others: friends, ers and even their own children. There's an expectation

family, co-work-

Apple Computer Inc. CEO Steve Jobs holds up an iPod during an event in San Jose, Calif., in this 2005 file photo. Jobs, the late co-founder of Apple Inc., is considered an archetypal narcissistic perfectionist. THE CANADIAN PRESS/THE ASSOCIATED PRESS FILE

exacting verbal commands. If

your boss is an

NP, you'll be

subjected

to the

strain

of un-

other people should do things relenting, unrealistic expectaas flawlessly as they do. tions. This trait is revealed through

3. Entitlement

The NP always expects special treatment. They believe they are deserving of others' admiration and respect, given their selfdescribed brilliance and unique status.

The rules of common courtesy, especially when it comes to waiting in line or getting stuck in traffic, don't apply to them. As well, others are expected to bend the rules for them.

And the NP often feels let down because others are not giving them the reverence they deserve.

It's something that's corrosive to other people.

Simon Sherry

4. Grandiosity

The prototypical NP believes they are very important and may actually think they are perfect, intellectually and physically regardless of the truth.

The NP believes they are the best at what they do, superior in every way.

"It's self-esteem on steroids." says Sherry.

While this trait may seem like the easiest to spot, Sherry says "covert" NPs can hide their grandiosity, relying on a secret, internal monologue.

Steve Jobs, the late co-founder of Apple Inc., is considered an archetypal NP.

Citing Walter Isaacson's 2011 biography of the famed entrepreneur, Sherry says Jobs consistently displayed all four traits throughout his life.

In the book, Jobs' stellar

accomplishments are explored against a backdrop of personal

"He's brilliant and may be a creative genius, but at the same time he was relentlessly in conflict with other people," Sherry says.

"At the end, he had more than 60 nurses before he found two he could tolerate, and he was rejecting life-saving equipment because he found its design inelegant."

While Jobs may be the quintessential NP, his incredible business success sets him apart from the typical narcissistic perfectionists Sherry has treated over the years.

"Someone who has these traits without the corresponding accomplishments has enormous difficulty in their day-to-day life," he says, adding that treatment can be difficult. "People are more willing to give people like Steve Jobs a free pass."

Sherry's findings were based on two studies, one of which included diaries written by about 150 undergraduates. The students described their social experiences for 28 days, and their responses were rated on a continuum of narcissistic and perfectionist traits. THE CANADIAN PRESS





Drivers don't stop for buses: Report

Over 1,100 redlight violations recorded over six months



Many motorists don't seem to be obeying the law when it comes to stopping for school buses and the Nova Scotia School Boards Association is worried a child may be seriously hurt.

In a news release issued on Thursday the association expressed its concern.

"School boards across the province are reporting high numbers of traffic violations as motorists pass school buses stopped with red lights flashing and stop signs extended



A school bus in Halifax, JEFF HARPER/FOR METRO

on a daily basis," states the release.

From Sept. 1, 2015, to Feb. 29, 2016, there were more than 1,100 reported school bus redlight violations in Nova Scotia.

Under the Motor Vehicle Act, drivers must stop and not pass a school bus with flashing red lights.

They are to remain stopped until the school bus proceeds.

Drivers approaching a school bus from both directions, regardless of the number of lanes, must stop.

School buses have been equipped with cameras on the stop sign arms to collect the necessary information for law

School boards across the province are reporting high numbers of traffic violations.

> N.S. School Boards Association



Video footage of motorists passing stopped school buses on Nova Scotia roads can be found at youtube.com/ user/NSSBA2012.

enforcement to issue tickets.

The fine for a school bus red-light violation is \$410 and six demerit points for a first

Fortis ex-president to lead Muskrat Falls

The newly appointed head of the company leading the troubled \$9.2 billion Muskrat Falls hydro project in Labrador says reviewing the development will be an immediate priority.

Premier Dwight Ball announced Thursday that former Fortis Inc., president Stan Marshall will take over as president and CEO of Crown corporation Nalcor after Ed Martin's abrupt resignation Wednesday.

Marshall said he would launch an immediate review of the company and the over-budget, behind-schedule megaproject.

"When these things get off track ... they tend to go from bad to worse," he said. "I've had concerns about Muskrat Falls from the beginning."

The Liberals, who won power last fall after 12 years of Progressive Conservative rule, say they will tighten oversight of Muskrat Falls, Nalcor's major venture.

First power, which was originally to be generated by 2017, is now delayed until sometime in 2018.

Nalcor has most recently estimated its costs at just over \$7.6 billion while Emera's are almost \$1.6 billion.

A recent interim report by EY (formerly Ernst and Young) found problems with oversight. It also said Nalcor's cost and timeline forecasts last September were "not reasonable."

Marshall wouldn't say whether stopping the project is a possibility.

"There's always a point in any project where the cost of going forward is not worth it ... hard to say," he said.

Ball praised Marshall's 35-year record with Fortis, and defended the decision to appoint him without a formal search process.

Ball says a further announcement is coming regarding Wednesday night's resignation of the remaining Nalcor board members. THE CANADIAN PRESS



Muskrat Falls is a joint venture between Nalcor and Nova Scotia utility company Emera. It will bring power to Newfoundland and to Nova Scotia using subsea cables and overland transmission lines, THE CANADIAN PRESS



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> > **HALIFAX**

Comic puts hometown on map

This Hour has 22 Minutes star shines a light on Burlington

In 25 minutes, Shaun Majumder cracks but a single joke.

And it wasn't even a zinger with an LOL punch line. It was more of a throwaway quip reflecting about the name of his childhood wiener dog.

The pet's name was, well,

"I'm not even joking," he stresses.

In my past dealings with Majumder, since he heckled me with guitar in hand from a lawn at King's College in Halifax 24 years ago, he's lobbed a laugh a minute, often from the most unexpected, risqué, angles. First impressions and all that.

So, for the This Hour Has 22 Minutes star to stay serious for so long is an indication of how focused he is



Shaun Majumder is pictured in Point Pleasant Park in Halifax. JEFF HARPER/METRO

on the topic at hand - turning Burlington, his beloved hometown on the Baie Verte Peninsula, into a tourist hub and not just a tiny place at the end of a rural road.

"They blow right by the Baie Verte Highway," Majumder says of motorists. "There's no reason for them to turn left or right down that highway to go north. What I

want to do is create a reason to go down that road. Then, when they get to end of the road, to give them a reason to say, 'I've got some money, I'd like to stay here and I would

like to spend that money, but I need a comfortable bed and I need something to do while I'm here."

People have been shouting from the stage heads about the tourism potential of rural Newfoundland and Labrador for a long time, particularly since the collapse of the commercial cod fishery in 1992.

Tourism has long been touted as one route for outport sustainability. And it seems to be happening in places like Eastport, Rocky Harbour and Fogo, the latter thanks in large part to the efforts of social entrepreneur Zita Cobb and the Shorefast Foundation.

Majumder believes it can also happen in the Burlington, Middle Arm, Smith's Harbour area, the place he affectionately calls 'Ome as a nod to the local accent and the place itself.

So instead of trying to book extra stand-up gigs, or lobbying HBO for another comedy special, or trying to land a role in one more U.S. network television show - instead of trying to earn more money, like many of us would in his position — Majumder spends much of his free time on the phone trying to put physical and social infrastructure in place at 'Ome so tourists will take that extra excursion around his bay.

You can take the boy out of Burlington, but you can't take Burlington out of this

"You put in all this energy - nobody is making money off it, it's a passion project and I'm so confident in the vision for what I'm talking about," he says. "But as an actor who lives in L.A., who is travelling all over the place doing stand-up, working on a TV show, I want to give it as much energy as I possibly can, but sometimes it's hard to do that." STEVE BARTLETT/TC MEDIA



What I want to do is create a reason to go down that road.

Shaun Majumder



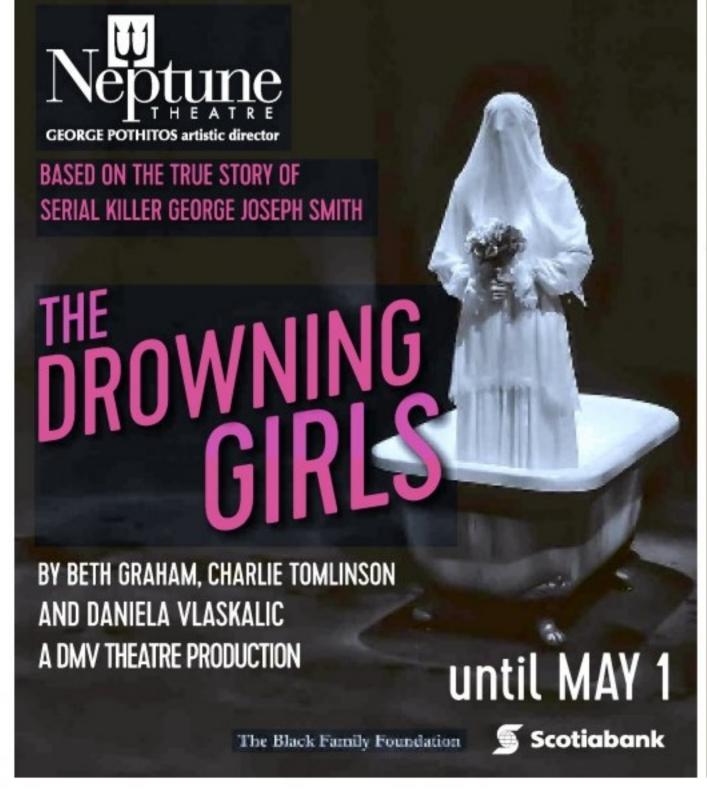
To start his social enterprise — and to help make Burlington bustle Majumder created a foundation called, you guessed it, 'Ome. Its goal is to foster the growth of social businesses and initiatives.

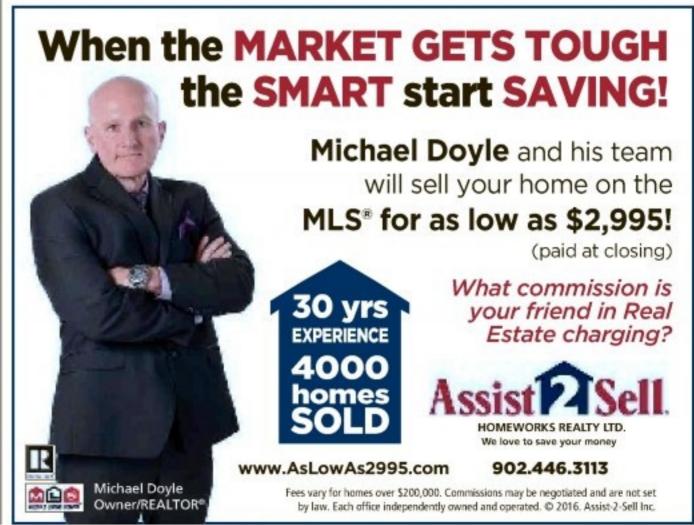
No one can fault Shaun

Majumder for trying, and he is making progress. And this summer is a crucial part of his plan.

He's pumped a lot of his own money into his dream, but he's about to stop doing that, hoping the infrastructure now in place can be self-sustaining and generate profits that will be reinvested in the community.

"I've got pieces now that we need to activate," he said. "We actually, now, are really excited about getting things off the ground from a business perspective." STEVE BARTLETT/TC MEDIA





THINGS TO DO IN HALIFAX

From buying local to getting your geek on, there's plenty of things to keep you busy this weekend.

NICOLE GNAZDOWSKY METRO



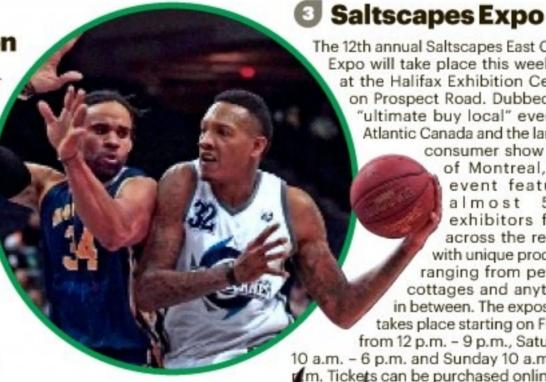
NSCAD Spring Pop-up

More than 30 of the student crafters, creators and artists from NSCAD University will be opening a spring pop-up shop this Saturday at FRED. on Agricola Street. There will be jewellery, textiles, pottery, woodwork, photography and many more creations from a variety of disciplines. This is a unique opportunity to check out and even purchase the work of both up-and-coming and established artists. The one-day event takes place from 10 a.m. - 6 p.m.



Hurricanes close season

The Halifax Hurricanes will take on the Windsor Express for their last regular season home game Sunday at the Scotiabank Centre. The Hurricanes beat the Express in a close match earlier this month. Come cheer on your home team before they begin the first round of the playoffs. The game starts at 2 p.m. Tickets are available at ticketatlantic. com or at the Scotiabank Centre and are \$20.75 for adults and \$14.25 for students.



The 12th annual Saltscapes East Coast Expo will take place this weekend at the Halifax Exhibition Centre on Prospect Road. Dubbed the "ultimate buy local" event in Atlantic Canada and the largest consumer show east of Montreal, the event features almost 500 exhibitors from

across the region with unique products ranging from pets to cottages and anything in between. The exposition takes place starting on Friday from 12 p.m. - 9 p.m., Saturday 10 a.m. - 6 p.m. and Sunday 10 a.m. - 5 m. Tickets can be purchased online for 13.50 or at the door for \$15.



Fun-filmed weekend

The sixth-annual Emerging Lens Cultural Film Festival is showcasing the works of young and emerging filmmakers this weekend. There will be screenings Friday at 7 p.m. at the Halifax North Branch Library, Saturday at 7 p.m. at the Black Cultural Centre, and a filmmaker workshop and artists' talk Sunday at the Halifax North Branch Library from 10:30 a.m. - 1:30 p.m.

Get your geek on

The Spring Geequinox is a two-day event giving sci-fi, fantasy and gaming fans an opportunity to indulge in a wide variety of popular culture. There will be cosplay performances, artists, comics, and vendors selling an array of geeky goods. The event is at the Halifax Forum and tickets can be purchased at geequinox.ca or at Games People Play in downtown Halifax. A day pass is \$10 and a weekend pass is \$15. The event will take place from 11 a.m. - 7 p.m. Saturday and 10 a.m. - 6 p.m. on Sunday.





oversal, measuring 346 models and measures opinions after 50 days of committee. Proprietary musty results are based on arguments and perceptions of U.S. owners surveyed from February to Nay 2015.

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Teresa Kataquapit, 75, stands in her home which has been deemed not fit for human habitation in the Northern Ontario First Nations reserve of Attawapiskat, Ont., on Wednesday. THE CANADIAN PRESS

'I'm just waiting for a new house'

Attawapiskat has about 340 homes for its 2,100 residents

The intractable housing crisis plaguing Attawapiskat and many First Nations communities across Canada is brought into sharp focus by Teresa Kataquapit.

Standing in her three-bedroom home, Kataquapit, 75, eyes the broken, loose and stained ceiling tiles; the heaving and cracked linoleum floors; the plastic-covered and boarded-up windows.

"It's very cold," a somewhat embarrassed Kataquapit says in Cree.

The home to five people has been condemned as unfit. It's one of about 80 homes in this hard-scrabble reserve in need of a bulldozer.

Yet like many other indigenous Canadians living on First

Martiple Schrodit Sachty of Oracide

Nations, Kataquapit continues to reside in a structure heated by a single woodstove. There is nowhere else for her to go.

"I was promised a house twice by the former chiefs," she says. "But nothing to date."

Attawapiskat has about 340 homes for its 2,100 residents, an average of seven people in each. Some house as many as 13 people. Coupled with substance abuse, the crowded conditions are fertile for abuse and despair factors that play directly into Turner, the chief executive officer of the Attawapiskat First Nation, is the very definition of a housing crisis.

"Each and every year, there's new demand," Turner says in his construction-trailer office. "Our ability to provide housing is limited."

Built on muskeg - soft, marshy wetland - in a region where temperatures can plunge into the minus-50s, home construction poses special challenges. About 75 per cent of



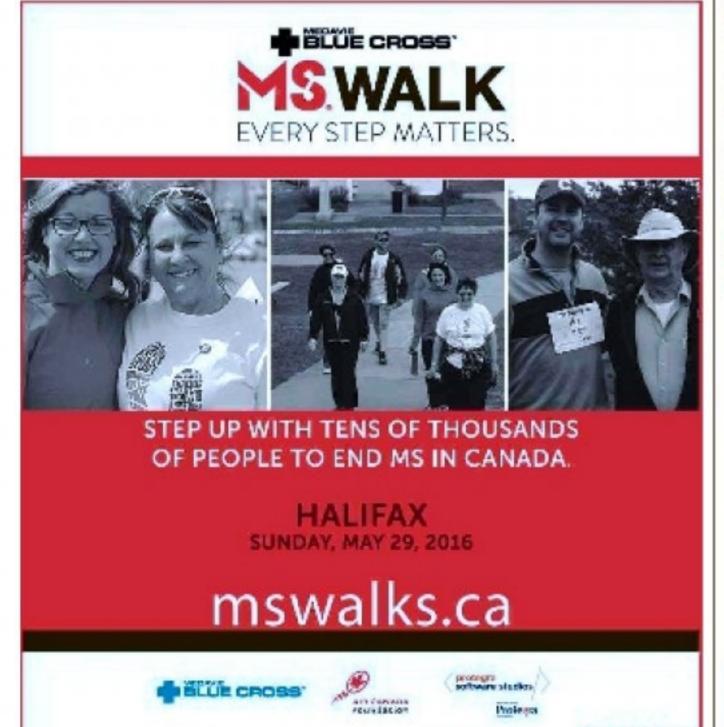
the headline-grabbing suicide crisis afflicting the community.

With close to a quarter of existing units condemned, the pressure on the community is enormous and rising — the population is projected to grow by almost 20 per cent in the coming decade.

What you have, says Wayne

the houses, poorly designed for the extreme climate, were built between 1960 and the 1990s - often on badly prepared sites and on inadequate foundations.

"I don't blame anybody," she says. "I'm just waiting for a new house - like everybody else." THE CANADIAN PRESS



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PM Justin Trudeau spars at Gleason's Boxing Gym in Brooklyn, New York on Thursday, Trudeau was there to train with kids from the Give A Kid A Dream program that works to provide mentorship to disadvantaged youths through boxing. THE CANADIAN PRESS

Trudeau boxes way through questions

Young people need to get more involved in politics, Justin Trudeau told an audience of university students in New York City this morning.

"Young people need to demand more from their politicians, their business leaders, their community leaders," the prime minister told students at New York University.

Strolling among them with his sleeves rolled up and a microphone in his hand, Trudeau said that there's plenty of work for everyone to do to make the world a better place.

Trudeau is in New York City to sign the Paris climate-change agreement on Friday.

His itinerary on Thursday also included a photo-op at the legendary Gleason's Gym, where boxing champions Muhammad Ali, Jake (Raging Bull) LaMotta and Mike Tyson trained (albeit in the gym's previous locations).

Trudeau acknowledged to the students that Canadians leave a high per capita carbon footprint through the use of energy, and that Canada's relations with its First Nations communities present an enormous challenge.

He said his government is striving to reflect Canadian ideals and values, and that includes getting more young TIME MAGAZINE

PM Justin Trudeau has been chosen by Time magazine as one of the 100 most influential people of 2016. The annual list of leaders, artists, pioneers and icons includes such notable names as Pope Francis, Nicki Minaj and Caitlyn Jenner. TORSTAR NEWS SERVICE

people interested in the political process.

Trudeau added that young people need to work in political campaigns, and not just as "letter stuffers and signputter-uppers."

Most of the question-and-answer session with the students dealt with the environment.

He defended his support of pipelines to carry oil as safer than rail transport, but said society has to eventually wean itself off reliance on fossil fuels.

He said that it's not necessarily a bad thing if big business gets involved in organic farming, if it's done responsibly. "We need to be able to scale

up food production to feed the world," Trudeau said. "We need to be able to provide food and sustenance to a hungry planet." TORSTAR NEWS SERVICE

Duffy not guilty: Judge

Harsh words reserved for Crown, PMO

Mike Duffy walked out of an Ottawa court a free man Thursday after a judge cleared him of all charges while at the same time delivering a scathing indictment of the Prince Edward Island senator's former political masters.

Duffy sat almost totally still throughout the four hours Justice Charles Vaillancourt spent dismantling the Crown's argument that the senator had deliberately defrauded the public purse by claiming invalid living and office expenses and had engaged in corrupt behaviour when it came to paying that money back.

Vaillancourt all but wagged his finger in admonishment at the Crown as he repeatedly questioned their decision not to extensively cross-examine Duffy or try to challenge his testimony with witnesses of their own during the 62-day trial.

But the justice's harshest words were aimed at the Prime Minister's Office under Stephen Harper and its conduct regarding a decision by Harper's former chief of staff, Nigel Wright, to give Duffy \$90,000 to repay his living expenses.

Vaillancourt said he did not see it the same way as the Crown, which had argued Duffy's actions were driven by "deceit, manipulations and carried out in a clandestine man-



Mike Duffy leaves court after his trial on Thursday

JUSTIN TANG/THE CANADIAN PRESS

ner" when he took the cheque. "I find that if one were to substitute the PMO, Nigel Wright and others for Senator Duffy in the aforementioned sentence that you would have a more accurate statement," Vaillancourt said.

Vaillancourt said he found Duffy a credible witness and that he was subject to intense pressure from the PMO and its staff, who only had one goal: make the political storm created by Duffy's expense issues go away.

He said the email traffic between Wright, Duffy and other PMO officials exposed a chief of staff ordering senators around like "pawns on a chess board," and saw senators "meekly acquiesce" and then "robotically" march out to repeat their scripted lines.

The political, covert, relentless, unfolding of events is mind boggling and shocking," Vaillancourt said. THE CANADIAN PRESS





ENGLAND LONG LIVE THE QUEEN England's Queen Elizabeth II greets well-wishers during a "walkabout" on her 90th birthday in Windsor, west of London, on Thursday. Thousands lined the streets of the town carrying cakes, cards, balloons and Union Jack flags and Prime Minister David Cameron leading a parliamentary homage. Cameron praised the monarch's "unshakable sense of duty," pointing out that she had provided counsel to 12 British prime ministers and met a quarter of all the U.S. presidents since Independence. AFP/GETTY IMAGES

Climate deal on track for early start

Record could be set for international diplomacy

As many as 170 countries are expected to sign the Paris Agreement on climate change Friday in a symbolic triumph for a landmark deal that once seemed unlikely but now appears on track to enter into force years ahead of schedule.

UN officials say the signing ceremony Friday will set a record for international diplomacy: Never before have so many countries inked an agreement on the first day of the signing period.

That could help pave the way for the pact to become effective long before the original 2020 deadline - possibly this year, though countries must first formally approve it through their domestic procedures.

"We are within striking distance of having the agreement start years earlier than anyone

anticipated," said Brian Deese, an adviser to President Barack Obama.

The U.S. and China, which together account for nearly 40 per cent of global emissions, have said they intend to formally join the agreement this year. It will enter into force once 55 countries representing at least 55 per cent of global emissions have done so.

There's incredible momentum," said former New Zealand Prime Minister Helen Clark, who heads the UN Development Program. She said her agency is working with more than 140 countries on climate change-related issues, and that financing to make the Paris Agreement a reality is "critical, and let's hope everyone lives up to commitments made."

The agreement, the world's response to hotter temperatures, rising seas and other impacts of climate change, was hammered out in December outside Paris. The pact was a major breakthrough in UN climate negotiations, which for years were bogged down with disputes between rich and poor countries

EMISSIONS

Under the agreement, countries set their own targets for reducing emissions of carbon dioxide and other greenhouse gases. The targets are not legally binding but countries must update them every five years.

over who should do what to fight global warming.

The mood was so pessimistic after a failed 2009 climate summit in Copenhagen, Denmark, that UN climate chief Christiana Figueres said she thought a global deal wouldn't happen in her lifetime. Now she expects the Paris Agreement to take effect by 2018.

"Even if the Paris pledges are implemented in full, they are not enough to get us even close to a 2-degree pathway," said John Sterman, of the Massachusetts Institute of Technology. "I don't think people understand how urgent it is." THE ASSOCIATED PRESS

Abolitionist Harriet Tubman to be the face U.S. \$20 bill

U.S. paper money is getting a historic makeover.

Harriet Tubman, an African-American abolitionist born into slavery, will be the new face on the \$20 bill.

The leader of the Underground Railroad is replacing the portrait of Andrew Jackson, the nation's seventh president and a slave owner, who is being pushed to the back of the bill.

And Alexander Hamilton, the nation's first Treasury secretary who's enjoying a revival thanks to a hit Broadway play, will keep his spot on the \$10 note after

earlier talk of his removal.

The changes are part of a currency redesign announced Wednesday by Treasury Secretary Jacob Lew, with the new \$20 marking two historic milestones: Tubman will become the first African-American to ever be featured on U.S. paper money and the first woman to be depicted on paper currency in 100 years.

"This gesture sends a powerful message, because of the tendency in American history, the background of excluding women and marginalizing them as national symbols," said Riche Rich-

ardson, associate professor in the Africana Studies and Research Center at Cornell University. "So even the symbolic significance of this cannot be overstated."

Lew also settled a backlash that had erupted after he had announced an initial plan to remove Hamilton from the \$10 bill in order to honour a woman on the bill. Instead, the Treasury building on the back of the bill will be changed to commemorate a 1913 march that ended on the steps of the building. It will also feature suffragette leaders Lucretia Mott, Sojourner Truth,

Susan B. Anthony, Elizabeth Cady Stanton and Alice Paul.

The back of the \$20, which now shows the White House, will be redesigned to include the White House and Jackson, whose statute stands across the street in Lafayette Park.

The last woman featured on U.S. paper money was Martha Washington, who was on a dollar silver certificate from 1891 to 1896. The only other woman ever featured on U.S. paper money was Pocahontas, from 1865 to 1869.

THE ASSOCIATED PRESS



An image provided by the Women On 20s organization featuring abolitionist Harriet Tubman on the U.S. twenty dollar bill, AFP/GETTY IMAGES

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Weekend, April 22-24, 2016 19

wealth tax that

than \$1 million

US in assets will

be charged.

people with more



Women and children wait in a line for over an hour on Thursday for free food and water from the government, days after an earthquake in Crucita, Ecuador, Robrigo ABD/THE ASSOCIATED PRESS

Millionaires tax to pay for rebuild

Ecuador looks at ways to raise cash to repair quake damage

The death count from Ecuador's worst earthquake in a decade rose to at least 577 on Thursday even as the country was facing another grim toll: a long and costly reconstruction effort likely to cost billions of dollars.

President Rafael Correa announced Wednesday night that he would raise sales taxes and put a one-time levy on millionaires to help pay for reconstruc-

The damage from the 7.8-magnitude quake adds to already heavy economic hardships being felt in this OPEC nation because of the collapse in world oil prices. Even before the quake, Ecuador was bracing for a bout of austerity, with the International Monetary Fund forecasting the economy would

shrink 4.5 per cent this year. In a televised address Wednesday night, Correa warned the nation of a long and costly post-quake recovery and said the economic pain shouldn't fall only on hard-hit communities along the coast.

"I know we're at the mostdifficult stage right now but it's just the beginning," he said.

Rescuers continued to comb through the rubble in coastal towns hit hardest by the quake, but the clock is running down for finding survivors. Rescue workers say a person without serious injuries can survive up to a week buried in

debris in the Ecuadorian heat. On Thursday, Jorge Zambrano, mayor of the community of Manta, announced that three people had been pulled from beneath a collapsed building the night before and vowed to continue searching.

"I still have hope we can find

more people who are still alive beneath the rubble," he said. "If we have even a hope of life, we must work with extreme care."

Rescuers also found a more unusual survivor: A flapping white-and-brown duck was pulled from under a pile of rubble, becoming a social media celebrity in a country eager for good news.

> Using authority granted by the state of emergency he declared after Saturday night's quake, Cor-rea said sales taxes would increase from 12 per cent to 14 per cent for the coming

People with more than \$1 million in

assets will be charged a onetime tax of 0.9 per cent on their wealth, while workers earning over \$1,000 a month will be forced to contribute a day's wages and those earning \$5,000 a month the equivalent of five days' pay.

THE ASSOCIATED PRESS

TRANSGENDER LAW

Trump wades into bathroom war

Republican presidential candidate Donald Trump said Thursday that transgender people should be able to use whichever bathroom they choose.

Asked on NBC's Today show about North Carolina's "bathroom law" - which requires transgender people to use bathrooms corresponding to the gender on their birth certificate - Trump said the law had caused unnecessary strife for the state. "There have been very few complaints the way it is. People go, they use the bathroom that they feel is appropriate," said Trump. "There has been so little trouble."

Asked about Caitlyn Jenner, an Olympic gold medal winner then-known as Bruce Jenner, walking into Trump Tower using the bathroom, he said would be fine with her using any bathroom she chooses. THE ASSOCIATED PRESS

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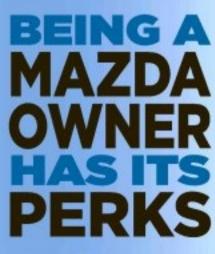
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Business | metr

NEWS

Parody sheds light on 'voluntourism'

SOCIAL MEDIA

Instagram account pokes fun at 'white saviour complex'



Parody accounts on Instagram

are nothing new but a new account is shedding light on the problematic issue of "voluntourism."

Much like the now-defunct Sociality Barbie account that poked fun of hipster accounts, 'Savior Barbie" mocks Westerners crippled with the "White Saviour Complex" desire to travel and volunteer abroad.

White Savior Barbie's bio sums it up: "It's not about me ... but it kind of is."

Created by two anonymous twenty-something women, both self-professed former "white saviours," the account skewers using humans as living photo ops with ridiculous captions to match.

The attitude that Africa needs to be saved from itself, by Westerners, can be traced back to colonialism and slavery," the makers of Savior Barbie told the Huffington Post.

Although a lot of the comments on the account, which already has more than 40,000 followers as of Thursday, are positive, the creators said they knew the posts might not sit well with everyone.

"If you're offended by the account then you'd better be offended by the real accounts who actually display this behavior in all authenticity," they said.



"As I was away for what seemed like an eternity, I couldn't help but continue to be convicted by my wasteful tears. I have now begun collecting them, one my (sic) one." INSTAGRAM

Starbucks pops up in South Africa

Hundreds of coffee lovers queued early Thursday in an upmarket Johannesburg shopping centre as international chain Starbucks opened its first cafe in sub-Saharan Africa.

The U.S.-based global brand plans to open 12 to 15 more stores in South Africa over the next two years, with a longterm plan of up to 150 outlets. The cafe's first customers

formed a long line at Starbucks' doors before the opening at 7:30 a.m.

"We've been queueing for twelve hours, since 7:30 last night and we wanted to be the first customers at Starbucks, and we were," said 19-year-old student Mohamed Mala.

Another customer, Norma Cooper, described the arrival of the cafe as "long overdue."

"Starbucks has been one of the things missing from the South African scene," said the bank employee.

A second branch will open later this month at another shopping mall in the financial capital Johannesburg, but there are no plans to expand to other countries in the region.

Starbucks, which operates more than 22,000 cafes worldwide, has a presence in only two other African countries Egypt and Morocco.

A caffe latte in the stylish shop costs between 27 and 33 rand (\$1.89- \$2.30). AFP



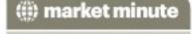
Hundreds of people queue during the official opening of South Africa's first Starbucks store, in Johannesburg on Thursday. AFP



IN BRIEF

Facebook now offers group calling

Facebook has rolled out a new Messenger feature that allows users to make group calls. Users may have noticed the appearance of a phone icon in group conversations. Users can move group Facebook message threads over to a group call by tapping on the icon and initiating a call. The feature makes Facebook Messenger more competitive with the likes of Google Hangouts, Skype and Slack. AFP





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NEWS Business

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'I do' comes with big costs

WEDDING

Small things add up and can blow a budget, planner says

Whoever said love doesn't cost a thing wasn't planning a wedding.

Recently-engaged couple Camille Verschooris and Andrew Lounsbury knew tying the knot was expensive, but they didn't realize how pricey it could be until they found out their \$30,000 budget wasn't enough to cut it for the wedding of their dreams.

"The budget got thrown out of the window quickly," said Verschooris, a 24-year-old producer's assistant.

"What we imagined was very different than what we could afford," added 29-year-old Lounsbury.

The couple was faced with a big decision: Do they scale back or do they bite the bullet and up how much they were willing to spend? Ultimately — with help from their parents — they de-

on a wedding they
would want to attend, complete with
a guest photo booth
and a \$1,200 espresso
bar to be rolled out at
the end of the night.

For Verschooris, the greatest sticker shock was not from the big-ticket items like the wedding gown (\$5,000) or the photographer (another \$5,000), but it was how quickly the small expenses added up. Having lights and sound at a wedding and bringing in the linens, china and decorations are considered extra requests - and come with accompanying fees.

Wedding planner Rebecca Chan says one of the biggest costs for a wedding is a venue.

For example, a wedding venue in downtown Toronto can charge between \$150 to \$300 per person, just for the meal.

Chan recommends couples multiply that figure by the number of guests attending and getting a full cost estimate of every-

Sand ered ome es. lebecca biggest thing they

need for
the venue —
from chair rentals to speakers
— for a more realistic idea of

the final bill.

Then add up all the miscellaneous costs like hiring an officiant, coat check and transportation to and from the ceremony site, she said.

"These are not usually the first things you think of when you're planning your wedding," said Chan.

Couples should also make sure they budget in other costs they may be on the hook for, such as the rehearsal dinner and a brunch for family and close friends the

next day.

To keep down costs, she suggests couples think about booking their wedding during the offseason, between November to April and on a Friday or Sunday night. Doing so can save couples as much as 20 per cent compared to having a summer wedding on a Saturday night.

For Verschooris and Lounsbury, they now expect their June wedding to cost around \$50,000, and realize they were originally unrealistic about their expectations.

"If you were more aware of what things actually cost when you went in, you'd come up with a more realistic budget or a better plan of what's important and what you can trim away. That would be my biggest piece of advice." THE CANADIAN PRESS

ENVIRONMENT

Canada gets a 'D' on report card

A new report suggests Canada ranks 14th among 16 peer countries when it comes to environmental performance, with only the United States and Australia doing worse.

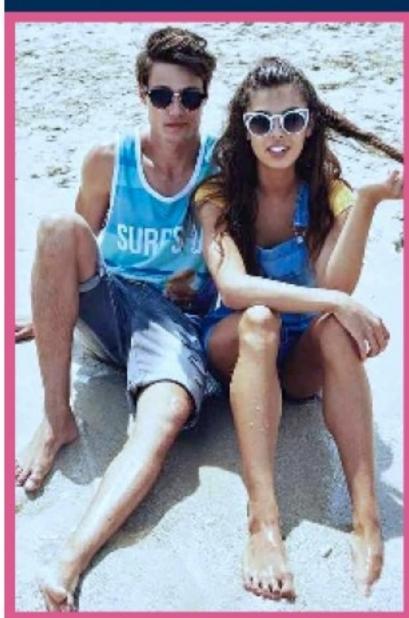
The report by the Conference Board of Canada on Thursday gives Canada a "D" grade based on nine indicators covering climate change, air pollution, and freshwater management.

On climate change, the agency says with 20.7 tonnes of carbon dioxide equivalent per capita, Canada's greenhouse gas emissions are among the highest, with only the U.S. and Australia faring worse. However, Canada gets an "A" rating for low-emitting electricity generation. The report says with nearly 80 per cent of Canada's electricity being generated from low-emitting sources such as hydro and nuclear power, Canada is behind only Norway, Switzerland, France and Sweden.

The Conference Board says while some of poor grades can be explained by a large land mass, cold climate and resource-intensive economy, the results suggest there is a long way to go towards improvement. THE CANADIAN PRESS







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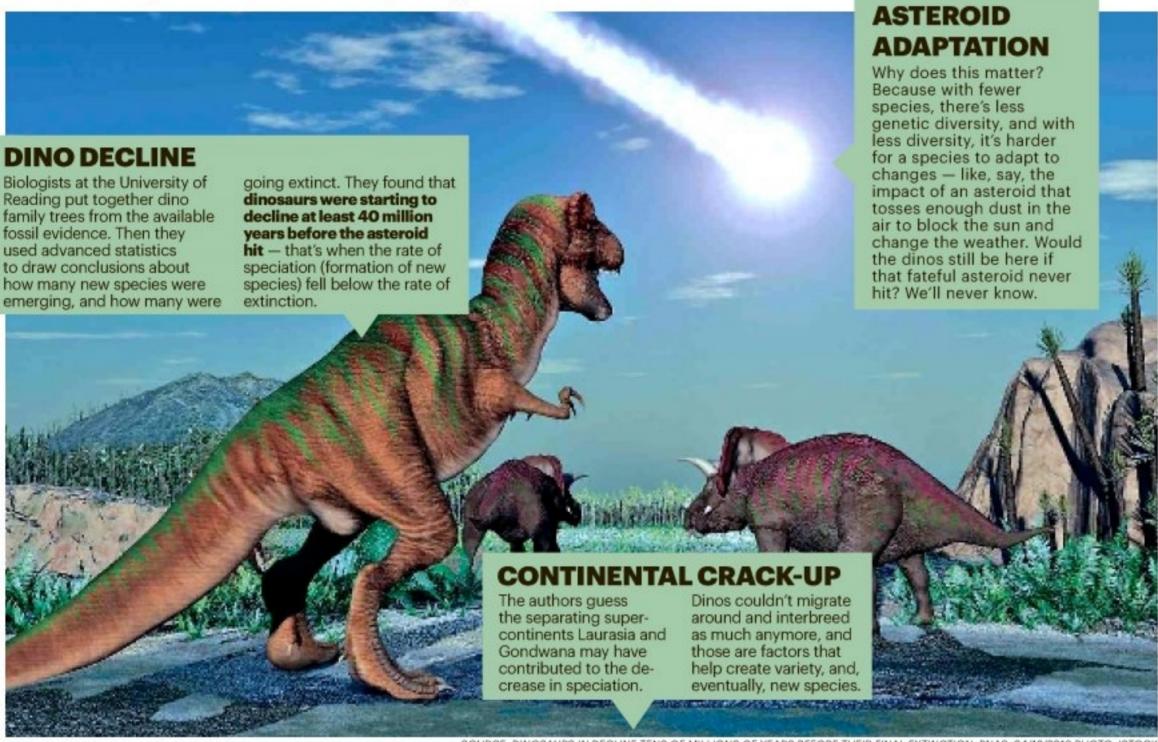
ACADEMIC

Wimpy lab mice like to be toasty. They can get cold stress even at 20 to 26 C, possibly skewing study results.

DECODED Mass Extinction

WERE THE DINOSAURS ALREADY DOOMED?

Any school kid can tell you what did the dinos in: The massive impact of a 10-kilometre-wide space rock near present-day Chicxulub, Mexico, 66 million years ago. But new research suggests all was not well in dino-land long before the asteroid apocalypse hit. **Here's why**.



SOURCE: DINOSAURS IN DECLINE TENS OF MILLIONS OF YEARS BEFORE THEIR FINAL EXTINCTION. PNAS, 04/18/2016 PHOTO: ISTOCK

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FINDINGS Your week in science



GIANT SPACE BUBBLE

NASA's Hubble telescope has photographed a massive bubble — seven light-years across — being blown into space by a super-hot, extremely heavy star. The Bubble Nebula is 7,100 light-years away, in the constellation Cassiopeia.

ARTIFICIAL MUSCLE

Muscles; Mother Nature's miracle. They stretch by up to 70 per cent and heal themselves. Chemists at Stanford University have made a synthetic muscle that works the same way: Cut it into two stretchy slices, and the cut sides fuse back together perfectly.

SOUND SMART



DEFINITION

An exoplanet is a planet that orbits a star other than our own sun. Nearly 2,000 exoplanets in 1,200 solar systems have been confirmed by NASA.

USE IT IN A SENTENCE

"I'd like to colonize another world, like Matt Damon in The Martian. Maybe there's an **exoplanet** out there that's hospitable to life."



WEELEND

Your essential daily news

MOVIES MUSIC TELEVISION DIGITAL

Born a rock star



From left: Prince performs during the halftime show at the Super Bowl in 2007; Prince at the Grammys last year; and the artist performing with Beyonce in 2004. CHRIS O'MEARA/THE ASSOCIATED PRESS; KEVORK DJANSEZIAN/GETTY IMAGES; FRANK MICELOTTA/GETTY IMAGES

Prince Rogers Nelson created a gender- and genre-bending blend of rock, funk and soul all his own

The legendary musical chameleon has died at age 57

Prince could play guitar like Car-los Santana or Jimi Hendrix, sing like James Brown, turn out pop melodies worthy of Motown or lay down the deepest grooves this side of Sly and the Family Stone. But no one could mistake his sound for anyone but Prince.

The dazzlingly talented and charismatic singer, songwriter, arranger and instrumentalist who died Thursday at his home drew upon the history of modern popular music and created a gender- and genre-defying blend of rock, funk and soul. With hits including 1999, Purple Rain and Little Red Corvette, Prince's records sold more than 100 million copies and earned him Grammys and an Oscar.

The Minneapolis native stood just 5 feet, 2 inches, yet made a powerful visual impact at the dawn of the MTV era, proving to be the Little Richard for the '80s, from his wispy moustache and tall pompadour to his colorful and suggestive outfits - the counterpart to the openly erotic lyrics that made him one of the most sexually daring artists of

But his greatest legacy was as a musician, summoning original and compelling sounds at will, whether playing guitar in a flamboyant style that drew on Hendrix, switching his vocals from a nasally scream to an erotic falsetto. Among his other notable releases: Sign O' the Times, and Graffiti Bridge.

"He rewrote the rulebook, forging a synthesis of black funk and white rock that served as a blueprint for cutting-edge music in the Eighties," reads his dedication in the Rock and Roll Hall of Fame.

The 57-year-old superstar passed away Thursday at his home in Minneapolis. The local sheriff said deputies found Prince unresponsive in an elevator late Thursday morning, but that first responders couldn't

"I am confirming that Prince, the legendary iconic performer, has died at his home this morning at Paisley Park," his pub-licist, Yvette Noel-Schure, told The Associated Press.

No details about what may have caused his death have been released. Prince postponed a concert in Atlanta on April 7, saying he had fallen ill with the flu, and he apologized to fans during a make-up concert last week. An autopsy is scheduled for Friday. THE ASSOCIATED PRESS



Few artists have influenced the sound and trajectory of popular music more distinctly, or touched quite so many people with their

talent. President Barack Obama

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Gender politics in Game of Thrones



When it comes to male nudity, the revolution will be televised.

That is, if you think the recent rash of men stripping to the buff on the small screen is a revolution at all.

Earlier this year, a male fullfrontal scene in BBC's War and Peace miniseries prompted Twitter to lose its mind and create the hashtag #WarAndPenis. The same thing happened in March when Tom Hiddleston's bare bum spawned #Hiddlesbum. Add full-frontal man-views from Outlander and Vinyl, and you can call it a trend.

So what about the granddaddy of gratuitous nudity - Game of Thrones? We don't know how much or what kind will be thrust upon us in Season 6, which premieres Sunday, but if the previous five are any indication, it'll be heavy on disrobing women and light on exposed manhood.

Last season was particularly unfriendly to women on screen. Christine Evans, University of British Columbia film studies lecturer, says the rape of Sansa and that Cersei Lannister scene (you know the one) were likely the last offensive straw for many viewers. Though, she notes, fans are likely to keep watching in spite of it all, "partially out of curiosity over what the show's next big regressive move will be."

She says the show "is in tenuous territory" when it comes to gender politics.

In a program infamous for baring it all, relatively few swords actually leave the scabbard. What we mean is, there just aren't all that many penises in GoT. In fact, for every instance of full-frontal male nudity, there are on average at least two headto-toe naked women in seasons one to five.

Yes, we counted.

is often front and centre in Game of Thrones, most of those male moments were but fleeting glances. And, full disclosure, one was actually a baby.

Metro shared the findings of our highly unscientific nudity survey with Evans and University of Toronto Professor of media and education Megan Boler. They were "not even remotely" surprised.

"It doesn't surprise me at all," says Boler. "Popular culture, and really most cultures, have traded in and capitalized on images of naked women since time immemorial."

She talks about the 'male gaze' - the idea that pop culture presumes a heterosexual audience of men, and everything in it is meant to please them.

Emilia Clarke, whose character was stripped naked in one of the very first episodes, must have noticed this below the waist imbalance, too. And she has a solution. She proclaimed GoT needs to "free the penis" while appearing on the Conan O'Brien show last week.

But creating a genital gender parity won't actually add up to much, say our experts.

"Seeing a guy walking around with a huge powerful boner and smashing it into some lady's face isn't really going to help the gender politics of the show," says Evans.

The idea of "just throw more d-in for the ladies" isn't going to work. "Context matters."

In other words - breaking news - Game of Thrones is not single-handedly toppling the patriarchy any time soon.

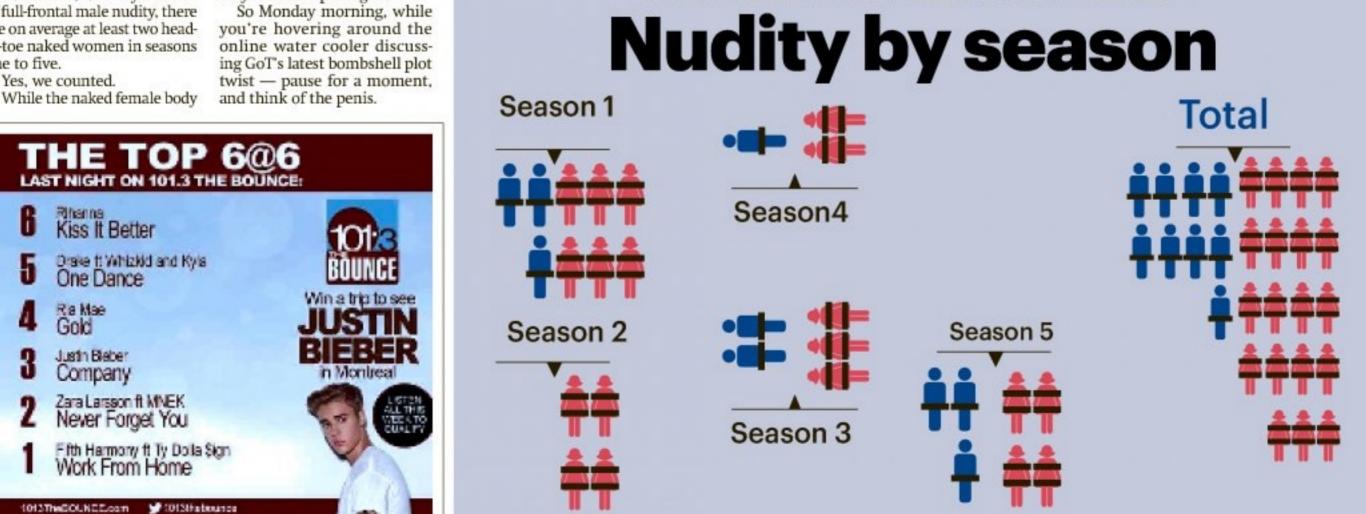
But Boler has hope yet. If we get to see John Snow's 'Longclaw', for example, "maybe it'll make people think 'huh, now why is this surprising me?""

For every instance of full-frontal male nudity in GoT, there are on average at least two head-to-toe naked women in seasons one to five. Yes, we counted. But while actress Emilia Clarke calls for the HBO show to "free the penis," experts Metro spoke to say creating a genital gender parity won't actually add up to much.



Emilia Clarke, seen here as Daenerys Targaryen in Game of Thrones' Season 6, which premieres Sunday, has called for the show to "free the penis." COURTESY HBO/MACALL B. POLAY

MALE TO FEMALE FULL-FRONTAL RATIO



ANALYSIS

Charlize Theron GQ gaffe out of character

Richard Crouse For Metro Canada

In polite society no one would dare ask a stranger about his or her father's violent death, but celebrity culture is not polite society.

Over the years I've heard interviewers ask questions ranging from the innocuous - "What are you wearing?" — to the silly — "How do you keep your bum in such great shape?" — but rarely have I heard anything as unnecessarily meddling as the query aimed at Charlize Theron during a press conference I hosted several years ago.

A reporter asked the actress about seeing her mother shoot her abusive, alcoholic father dead when she was a teenager. But instead of breaking down Theron said, "I'm not talking about that," with an icy finality that made everyone freeze.

I admired her for not over sharing, not spilling the intimate details of her life. She's careful what she says to the press, avoids scandal and damage controls the ones that inevitably pop up in every celeb's life. For instance, recently she said, short and sweetly, "We both decided to separate," when accused of "ghosting" on her romance with Sean Penn.

She understands some things should only be spoken about when and where she chooses and not at the behest of an aggressive reporter looking to dredge up painful memories for the sake of "good television." Theron is media savvy so I was surprised a few weeks ago when she caused a media hurly burly with comments about the burden of being beautiful.

Chatting up her new film The Huntsman: Winter's War with British GQ she said, "How many roles are out there for the gorgeous, BLEEPINGing, gown-wearing eight-foot model? When because, "how many characters really are there out there for a woman wearing a gown? You have to play real people."

The mea culpa was unnecessary. She works in a business where beauty is a commodity.

The problem with her earlier statement is that publicly acknowledging one's own looks carries with it a hint of arrogance, a suggestion that winning the genetic lottery somehow makes you superior, but she simply said something others already have.

Keira Knightley claims she almost lost the role in Pride and Prejudice because the director thought she was too

When meaty roles come through, I've been in the room and pretty people get turned away first.

Charlize Theron

meaty roles come through, I've been in the room and pretty people get turned away

She is a beautiful woman, that is clear, but is she intimating that being beautiful has harmed her career?

Turns out she wasn't, or so she claims. Alleging a misquote, she later apologized, saying that playing "deconstructed characters" appeals

pretty and Jessica Biel says being Esquire's 2005 Sexiest Woman cost her work.

Theron may have missed out on a job or two because of her looks, but it's also an element of what made her a star.

That and talent, and just as you wouldn't apologize for skin colour or having red hair or being tall or short, she doesn't need to say sorry for being beautiful.

MOVIE RATINGS by Richard Crouse

The Huntsman: Winter's War A Hologram for a King Hello, My Name is Doris **Sing Street** The Devil's Horn

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Charlize Theron recently came under fire for complaining there's no serious roles for beautiful, gown-wearing women. CONTRIBUTED



"A COMEDY HERO FOR OUR TIMES."

- The Guardian



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Kim Nguyen's Two Lovers and a Bear was filmed in Timmins, Ont. and Nunavut. HANDOUT

IconBay.ca



Canadians go to Cannes

MOVIE

Kim Nguyen and Nathan Morlando will screen at fest

Two more Canadian features are headed to next month's 2016 Cannes Film Festival.

Snowy romance Two Lovers and a Bear, directed by Montreal's Oscar-nominated Kim Nguyen (War Witch), and thriller Mean Dreams by Toronto's Nathan Morlando (Edwin Boyd: Citizen Gangster), have been selected for world premieres in the fest's Directors' Fortnight parallel section, which runs May 12 to 22.

Two Lovers and a Bear, Nguyen's first English-language film, is set on Baffin Island in the Nunavut capital, Iqaluit. It stars Dane De-Haan (Life) and

Canada's Tatiana Maslany (TV's Orphan Black) as Roman and Lucy, who strike sparks in dangerous frozen terrain.

Nguyen told a news conference Tuesday about the challenges of filming in Timmins, Ont., and Nunavut.

"This was a story that we absolutely decided we had to do in the Arctic," Nguyen said. That meant dealing with wild weather: temperatures sometimes dipped to -50 C with very high winds.

"It came to the point where my makeup artist would literally grab my shoulder and say, 'You have 30 seconds,'" Nguyen said. Producer Roger Frappier paid tribute to DeHaan and Maslany, who never complained about the extreme weather.

"(They) were always ready,"
Frappier said. "It was really
fantastic to work with those
two actors who had to learn
a lot of things: driving SkiDoos, being outside when it
was really, really cold, working with the bear."

The film employed a real polar bear with previous movie experience. It was driven from Vancouver for the film.

Theatregoers in Quebec and Canada should be able to see it by the end of 2016.

This brings to three the Canadian features premiering at Cannes 2016, which runs May 11 to 22.



This was a story that we absolutely decided we had to do in the Arctic

Two Lovers and a Bear director Kim Nguyen X a v i e r
Dolan's new
drama It's Only
the End of the
World was announced last
week as the
lone Canuck challenger amongst
20 films competing for the
Palme d'Or, the

top prize at Cannes.

Starring Marion Cotillard, Léa Seydoux and Vincent Cassel, it's based on a play by Jean-Luc Lagarce about a long-absent writer who revisits his family home to announce his impending death.

Mean Dreams is described as a coming-of-age story on the run. It stars Josh Wiggins (Hellion) and Quebec's Sophie Nélisse (The Book Thief) as Casey and Jonas, teenagers fleeing broken homes, who steal cash from Casey's father, a bad cop played by Bill Paxton. Canadian actors Colm Feore and Kevin Durand co-star.

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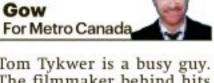
Even with Tom Hanks attached to this project, filmmaker Tom Tykwer struggled to secure financing for this independent film. CONTRIBUTED

Making a movie about standing still

A HOLOGRAM FOR THE KING

Director Tom Tykwer struggled with Tom Hanks pic

Steve Gow



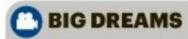
Tom Tykwer is a busy guy. The filmmaker behind hits like 1998's Run Lola Run and Cloud Atlas isn't just set to begin shooting a busy TV

drama called Berlin Babylon, but he's also about to release his latest big-screen hit.

It's a whirlwind schedule the likes of which Tykwer's never entertained before.

"I'm in the eye of the storm," laughed the 50-yearold German auteur from a Berlin taxi ultimately en route to the world premiere of A Hologram for the King in Manhattan. "Its unfortunate the release date ended up coinciding with the (TV show) but it's a very decadent, luxurious problem to have."

Ironically, Tykwer's frantic situation doesn't remotely re-



The influence of King Kong on the director:

"I was probably 11 when I saw that movie, and it was one of those situations when I realized that there

semble that of the protagonist in his new movie. Based on author Dave Eggers' bestseller, A Hologram for the King follows a has-been salesman (Tom Hanks) around Saudi Arabia where he aims to seal a huge development deal but ends up

idea that this could actually be a profession." stalled in the sand endlessly awaiting a meeting that never

was (someone behind it),"

said Tykwer of the film that

first drew him to directing.

"I was overwhelmed by the

"I loved the idea of a dynamic movie of someone who basically runs into a wall and stops," said Tykwer.

"His whole life comes to

a halt and I loved the challenge to make that the most dynamic film I've done since Run Lola Run."

Making a film about "standing still" was not a painless movie to get produced either. In fact, even with a name like Tom Hanks attached, Tykwer still struggled for modest financing because "the whole market of independent filmmaking on a slightly larger canvas, it's the hardest battlefield at the moment - you have to be really, really lowbudget or over \$200 (million)."

Still, there's no doubt that what may lure many moviegoers to shell out for the comic allegory about middle-class angst is Tom Hanks.

Now having worked twice with the star (Cloud Atlas, this), Tykwer feels he's unearthed one of the mysteries of the Oscar-winning thespian.

"The secret is similar to what you project on him: He is insanely relatable," explained Tykwer.

"There's an openness that happens with him that I've not actually experienced elsewhere and I don't know even how aware he is of it. It's just something he instinctively knows how to do."



Yup. The music's better now.

90s to now

Your essential daily news Baby lemurs make their debut at the Bronx Zoo

ISLAND EXPERIENCES TO HAVE IN ANGUILLA

This semi-posh British island just north of St. Martin has one of the highest rates of repeat visitors in the Caribbean. And for good reason: the beaches are never crowded, the food is great, and the people are warm and welcoming. The off-season from May to August is a perfect time to go.

IMAGES AND TEXT DOUG WALLACE/FOR METRO CANADA



Hit the water

Just staring into the turquoise water on any of Anguilla's white sand beaches will keep you busy for hours. But when you tire of relaxing, deep-sea fishing, kite surfing, paddle boarding, kayaking and scuba diving can easily occupy your time. An afternoon sailing from bay to bay on classic sailboat the Tradition or a power boat adventure from Funtime Charters are just two types of cruise options to seek out.





When was the last time you bought a souvenir that didn't just end up in a drawer? Many choice craft boutiques and galleries dot the streets of The Valley and the West End. Cheddie Richardson's studio in Cove Bay will net you arresting driftwood pieces, stone sculptures and bronze casts, all nature-inspired. And the handmade jewellery, bright ceramics and sensual mahogany carvings at the Devonish Art Gallery are equally amazing.



Have the lobster

Earmark Wednesday or Sunday for lunch on Scilly Cay, a tiny islet off Shoal Bay, reachable by a free, 10-minute boat ride. Here you'll find a charming and rustic (if pricey) restaurant run by Sandra and Eudoxie "Gorgeous" Wallace, who whip up Anguilla's best rum punch, plus platters of barbecued lobster, snapper and chicken. Spend the rest of the afternoon frolicking in the shallow waters and working on your tan.



Go A-list for sunset

Sunset at the Sunset Lounge couldn't be more special. People flock to this elegant waterfront bar in the Viceroy Anguilla hotel at cocktail time to see how the other half lives and to prime the night with the signature jalapeño margarita. This Kelly Wearstler-designed resort is stunning, especially the adjacent Cobà restaurant. You can also hit the lounge later in the evening for a nightcap and a spot of jazz.



🟮 Get down

Live music is very much a part of the culture in Anguilla. Locals and tourists lap up reggae, jazz and R&B bands almost every night at one of many venues scattered around the island, including the Powerhouse, Johnno's Beach Stop and the Dunes Preserve, owned by music icon Bankie Banx. Other acts to seek out include Banx's son, cricket-champ-turned-reggaestar Omari Banks, Natalie Richardson, Da Movements, True Intentions and Sproka.



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NOT A TOURIST | A letter from Omar Mouallem in Tuscany

The perfect ruin

Canadians Jonathan Lawrence and removes his sweater, knots it around Stephan Petasky are turning on tortuous roads in a rented Fiat, past central Tuscany's swooping pastures,

rolling hills and tilled clay. At the end of a cyprus-lined road, a 300 to 500-year-old sprawling property comes into view and Petasky, president of high-end vacation home developer Luxus, practically jumps out of the passenger seat.

"Whoa! There's a ruin for you," he says, staring at the dilapidated hilltop farmhouse with a half a roof and trees growing out the inside.

He estimates the former peasant property will cost €350,000 (more than half a million in Canadian dollars), but it will take another several million to turn it into something deserving of the Luxus brand. "That's where it all starts."

With Fulvio di Rosa, a renowned Italian engineer and restoration architect, Petasky recently restored Panico Padore, a super fixer-upper near Monteroni D'Arbia into a corporate retreat. Now he's looking for more.

Di Rosa and his partner soon pull up in a dusted green pickup. Di Rosa

his waist, and begins investigating the palatial farmhouse with a furrowed brow - first from afar, to assess the vista quality, then up close,

running his fingers through massive cracks. It's nothing he can't

> Di Rosa's restored whole medieval hamlets, innumerable private properties and counts amongst his clients and friends Under the Tuscan Sun author Frances Mayes.

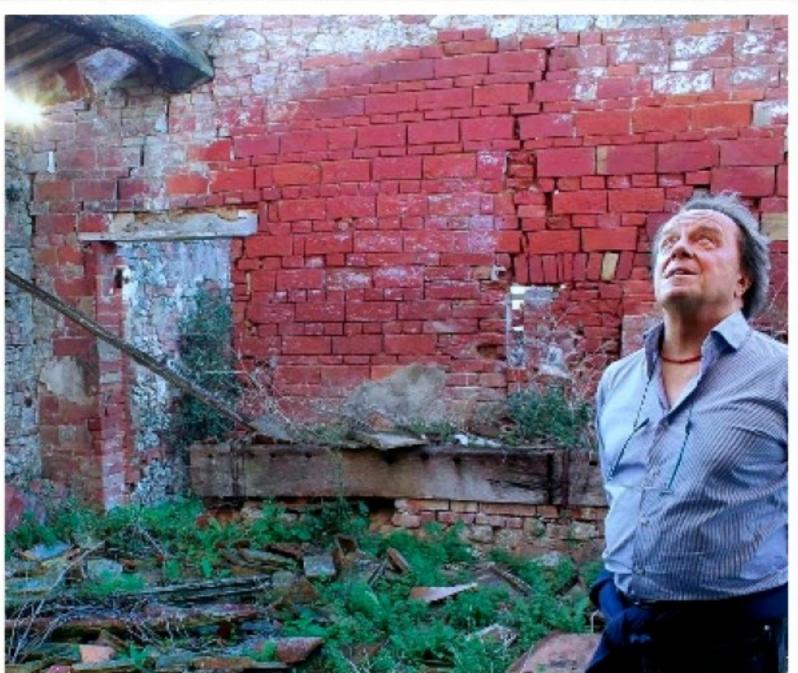
The 1997 chick-lit blockbuster didn't so much jumpstart the Italian restoration industry as set it to turbo-charge.

How many properties worth salvaging remain?

"In terms of a ruin that's authentic, has interesting architecture, has a view without problems like a 10,000 kilowatt pole?" he asks rhetorically. "Under 20 I would say."

This is one of them. Although one side has caved in, the high ceilings have great potential. There's a beautiful mix of stone and brick. A smaller separate barn that could be converted into a caretaker's suite.

Best of all, says di Rosa, "There's nothing obstructing the view. It's perfect."



Renowned restoration architect and engineer Fulvio di Rosa checks out the scene at a dilapidated, but stunning farmhouse in Italy. COURTESY OMAR MOUALLEM



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The Links at Brunello is entering its second year of operation, but has already developed a great reputation. CONTRIBUTED

The top golf courses in Halifax

HIT THE LINKS

Many excellent courses to choose from — here are some of the best

Richard Woodbury

The Halifax area has a lot of great golf courses and even more top-notch ones are under construction. Here's a

look at five of the best.

The Links at Brunello in Timberlea is a thinker's golf course where every shot must be carefully thought out. You won't get away with gripping and ripping it here.

The course was designed by noted Canadian golf course architect Tom McBroom and

was very well received in its first year of operation last

For the past two years, Ashburn Golf Club in Fall River hosted a Web.com Tour event, which gives you an indication of the course's quality. A lengthy course combined with huge, lightning fast

greens, New Ashburn is a tough challenge for golfers of all skill levels.

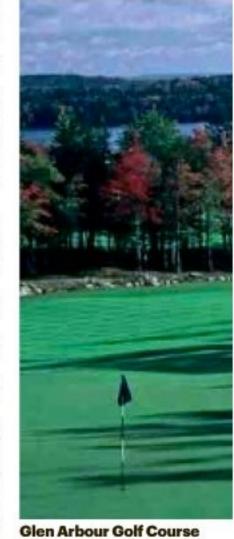
Glen Arbour Golf Course is another gem.

Immaculately maintained and hilly, the Hammonds Plains course sets the gold standard for conditioning. It previously hosted the Telus World Skins Game and an LPGA event.

One very convenient option is Brightwood Golf and Country Club. Nestled just a few minutes from the Macdonald Bridge in Dartmouth, the hilly course is tight and short.

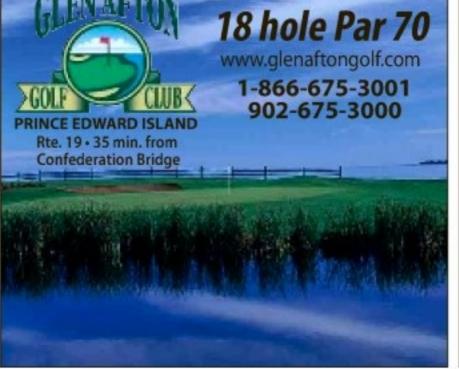
The course measures just over 5,500 yards, but is tougher than its length implies. The course also offers great harbour views.

In Bayside (near Peggys Cove), Granite Springs Golf Course lives up to its name. With a countless number of granite outcroppings and ponds, and narrow tree-lined fairways, this is a very tricky course because you never know where your ball will end up.



has long been known for the course's superior conditioning. CONTRIBUTED





More than just a good walk spoiled

GOOD FOR THE MIND AND BODY

Playing golf offers many physical and mental health benefits

Richard Woodbury

With an 18-hole round of golf taking somewhere between four and five hours to play, one of the charms of playing golf is the experience isn't rushed.

The myriad health benefits is another bonus. "There are quite a few of them," said Lori Dithurbide, an assistant professor in kinesiology at Dalhousie University and a golfer herself.

Some of the physical bene-

fits are the calories burned, given how long it takes to play a round. The very act of swinging a club will help enhance strength and flexibility, so there are health benefits for people who are riding power carts when playing, Dithurbide said.

Another benefit: Golf is relatively low risk in terms of injury, says Dithurbide.

Playing golf is also good for the mind. This is in part because people tend to socialize with others when they play.

"We know people who are more engaged and more social tend to be more healthy overall," said Dithurbide.

Golfing requires making active use of the mind. The game requires a lot of strategy as players constantly evaluate things such as their lie, wind speed and direction, and hazards on the course.

"You're problem solving

pretty much the entire round," said Dithurbide.

The impact playing golf has on one's health was looked at in a 2009 Swedish study published in the Scandinavian Journal of Medicine and Science in Sports.

The study found after adjusting for socioeconomic status, Swedish golfers had death rates about 40 per cent lower than that of the general population. This finding held true regardless of gender

"To put the observed mortality reduction in context, it may be noted that a 40 per cent reduction of mortality rates corresponds to an increase in life expectancy of about five years," said the study.

Interestingly, the study found that golfers with the lowest handicap rates had the lowest death rates.



One Swedish study found golfers had lower death rates than the general population.











Some of the members of Metro Ladies Golf are pictured at a season-ending event.

Breaking down the gender divide

METRO LADIES GOLF

Business aims to get more women playing

Richard Woodbury

Golfing has traditionally been a male-dominated sport, but one metro business is making it easier to get more women involved in the game. It's called Metro Ladies Golf and it's a membership-based club for women that includes group golf outings, instruction and social events.

Golf pro Sara Wilson started the business two years ago after noticing there were many women who wanted to golf regularly, but didn't want to have a membership at one course.

As well, she wanted to remove the intimidation fac-

tor from the game, which is caused by factors such as women being concerned about keeping up with the pace of play with their (often) male playing partners and staying ahead of the group behind them.

"Generally, they don't have very good experiences playing amongst the men," said Wilson.

Members are charged \$175 for a membership - which includes some instruction - and pay for individual green fees. Wilson schedules five rounds a week at different times and members can opt in our out depending on how much they want to play.

An added bonus is Wilson is able to secure discounted green fees because of the number of golfers she brings out. She says green fee rates are typically discounted by about 20 to 25 per cent.

Metro Ladies Golf plays at 16 courses in the province, including Granite Springs Golf Course, Ken-Wo Golf Club. The Links at Brunello, Chester Golf Club and Grandview Golf and Country Club.

The variety is something members appreciate.

"They love the fact they're travelling around the province," said Wilson.

She says the members have formed close friendships and socialize outside of the golf outings.

David Campbell, the executive director of the Nova Scotia Golf Association, is a big fan of the business.

"It's just an excellent tool and idea to attract women into the sport," he said.

Campbell says that amongst golf course members in the province, only about 25 per cent are female.

"Demographically, 50 per cent of the population are women and it's underrepresented in the golf industry. I think it's one of our biggest potentials for growth,"



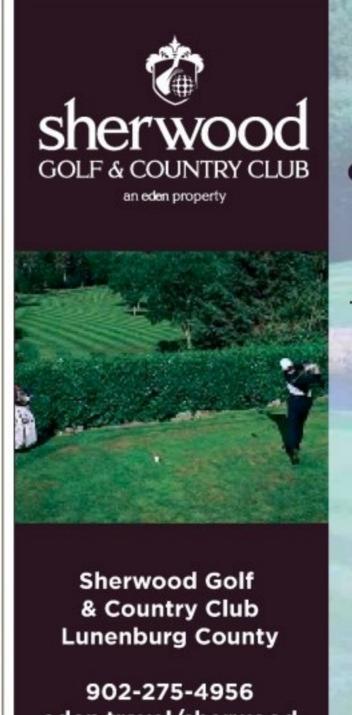
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McGregor knocks out retirement speculation

Irishman pulls no punches over promotional demands

UFC fans, rejoice. Conor Mc-Gregor is not retired.

He's even willing to resume his spot in the main event at UFC 200.

The mixed martial arts superstar is simply fed up with the gruelling promotional demands that come with being a pay-per-view star. The 27-year-old fighter known for his over-the-top personality says "I can not dance for you this time."

McGregor posted on Facebook Thursday that he needed to focus on himself and not the massive hype that accompanies

Milestone PPV's main event in flux

White said this week he was working

on a new UFC 200 main event and

included an interim featherweight

championship bout between Jose

Aldo and Frankie Edgar and Miesha

Tate defends her bantamweight title

could keep Diaz on the card.

against Amanda Nunes.

The stacked card already

UFC 200

his megafights.

"I have become lost in the game of promotion and forgot about the art of fighting," Mc-Gregor said in the nearly 650word statement also posted to Twitter, instantly drawing thousands of shares, retweets and comments from fans.

"For USADA and for the UFC and my contract stipulations - I AM NOT RETIRED," McGregor said. McGregor, at times profane and critical of interviews he saw as

McGregor, who sits

alongside Ronda Rousey

as the UFC's biggest pay-

per-view stars, is still the

featherweight champion.

Aldo and Edgar will meet for

shot at a unification fight against

the interim belt and the winner

was scheduled to get the first

pointless, said the "many distractions" led to errors in preparing for his last fight, specifically with cardio and weight. McGregor has been train-

ing for a rematch against Nate Diaz at UFC 200 in July. He lost to Diaz in March, ending a 15-fight winning streak in which he surprised many fans

other monkeys to

dance. I've danced

us all the way here.

by fighting 25 pounds above his usual weight of It is time for the

145 pounds, where he holds a title belt. The rematch was set to be fought at 170 pounds.

McGregor stirred fans this week with a tweet saving he had decided to retire young.

That prompted UFC

president Dana White to respond by saying McGregor had been pulled from UFC 200 because of the dispute over promotional appearances. White said McGregor was refusing to travel to Las

Vegas for pro-

motions

ahead of another UFC card this weekend. McGregor says he's still ready

to fight at UFC 200.

"I'm doing what I need for me now. It is time to be selfish with my training again. It is the only way," he said. "I feel the \$400 million I have generated for the company in my last three events, all inside 8 months, is enough to get me this slight leeway."

McGregor said UFC denied a request for a decreased promotional push and he wrote he would still be willing to attend a scheduled press conference in New York.

"I did not shut down all media requests. I simply wanted a slight adjustment," he said.

White would not comment until a scheduled press conference Friday in Las Vegas. McGregor's coach,

John Kavanagh, tweeted Thursday his fighter "rose again." "Ur call now. You are the customers. What do you want?

Press conferences or fights? Make some noise because we're ready to do the damn thing!" he tweeted.

THE ASSOCIATED PRESS

Conor McGregor

L.E. BASKOW/LAS VEGAS SUN VIA THE ASSOCIATED PRESS

Ex-WWE star Chyna dead at 46

Chyna, the tall, muscle-bound, raven-haired pro-wrestler who rocketed to popularity in the 1990s after taking on both women and men in the ring and later revealed her struggles with addiction on reality TV, has died, authorities said. She was 46.

Police in Southern California said they were responding to a 911 call from a friend of the former World Wrestling Entertainment wrestler when they found her dead in her Redondo Beach apartment.



She was truly a pioneer in our industry, and she will be missed.

WWE executive Stephanie McMahon

The friend had gone Wednesday to check on Chyna, whose real name is Joan Marie Laurer, after she failed to answer her phone for a few days, Redondo Beach police said in a statement.

Officials didn't immediately release a cause of death, but investigators said there were no indications of foul play. Police initially reported the death as a "possible overdose," Los Angeles County's assistant chief coroner Ed Winter said.

An autopsy was planned in the next few days, he said. THE ASSOCIATED PRESS

NEWS

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L.A. win on 'weird day'

Ace Kershaw escapes Atlanta with 1 earned run on 10 hits

After nicking Clayton Kershaw for 10 hits, the Braves were feeling pretty good about themselves.

Too bad for Atlanta, it was a familiar outcome. Yasmani Grandal drove home

the go-ahead run with a 10th-inning double, and the Los Angeles Dodgers pulled out a 2-1 victory over the Braves on Thursday, even though Kershaw clearly didn't have his best stuff.

Atlanta slipped to 4-11 after its second straight extra-inning loss to the Dodgers.

"We were going after it pretty good," said Drew Stubbs, who had two of the hits off Kershaw. THURSDAY In Atlanta





"Unfortunately, we couldn't push across more than one run."

Kershaw came in with a 1.64 ERA, signalling the start of another overpowering season for the three-time NL Cy Young winner. This was a bit of a hiccup, marking only the fourth time in 246 career starts that he's given up double-figure hits, though he did give up only one run in eight innings and struck out 10.

He even unleashed a blooper pitch to Tyler Flowers in the fourth. It clocked at a mere 46

"Weird day," Kershaw said. "It was a grind, for sure." THE ASSOCIATED PRESS

Clayton Kershaw delivers on Thursday in Atlanta. JOHN AMIS/THE ASSOCIATED PRESS

IN BRIEF

M's take advantage as Allen blows it in Cleveland

Cody Allen wasted a Cleveland Indians rally.

Robinson Cano hit a three-run homer off Allen with two outs in the 10th inning, giving Seattle a 10-7 win Thursday.

Rays tag Price for 8 runs

Evan Longoria and Curt Casali homered off David Price, and the Tampa Bay Rays chased their exteammate in the fourth inning to beat the Boston Red Sox 12-8 on Thursday.

Suzuki burns Scherzer

Ichiro Suzuki had two hits, scored twice and made two sliding catches in right field Thursday for the Miami Marlins, who beat Max Scherzer and the Washington Nationals 5-1.

Nolasco rights Twins' ship

Ricky Nolasco struck out seven and allowed five hits over six-plus innings, and Minnesota snapped a season-opening, sevengame road losing streak by beating the Milwaukee Brewers 8-1 on Thursday.

Zika a concern for Pirates, Marlins in Puerto Rico

Players from the Miami Marlins and Pittsburgh Pirates have expressed concerns about playing their two-game series next month in Puerto Rico because of the Zika virus.

Officials with MLB, the Marlins and Pirates expect the May 30-31 series to be played, they said Thursday. But the teams, MLB and players' union are continuing to discuss the series, and union head Tony Clark described the health and safety concerns as SERIOUS. THE ASSOCIATED PRESS

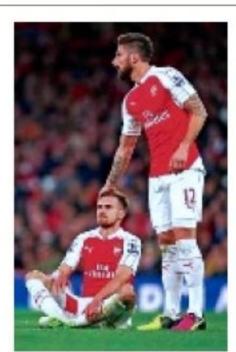
PREMIER LEAGUE

Arsenal clinging to top 4

Alexis Sanchez's double eased Arsenal back into third place with a 2-0 win over West Bromwich Albion on Thursday, smoothing the north London team's pursuit of Champions League qualification after consecutive draws.

Arsenal moved two points ahead of Manchester City, which was held by Newcastle on Tuesday, and four ahead of fifth-place Manchester United.

THE ASSOCIATED PRESS



Aaron Ramsey and Olivier Giroud take a breather Thursday, GETTY IMAGES



INJURY

Schroder a hurting Hawk

Hawks guard Dennis Schroder did not practise Thursday because of an injured left ankle and remains questionable for Game 3 of the playoffs against the Boston Celtics.

Schroder was hurt in the closing minutes of Tuesday's 89-72 victory over the Celtics, which gave the Hawks a 2-0 lead in the best-of-seven series. THE ASSOCIATED PRESS



Go to metronews.ca for coverage of Thursday's NBA playoff games.

Flyers' Laughton leaves the hospital

The Philadelphia Flyers say forward Scott Laughton has been released from the hospital and is doing well a day after being taken off the ice on a stretcher.

The team says he won't travel to Washington for Game 5 Friday on night and that it will provide an update in the coming days.

Laughton was hit by Washington Capitals defenceman John Carlson and crashed into the boards during the first period of Game 4 of the first-round playoff SETIES. THE ASSOCIATED PRES



Scott Laughton leaves the ice on a stretcher.

THE ASSOCIATED PRESS

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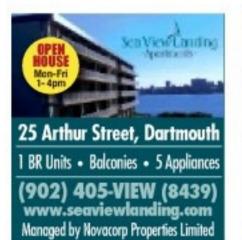
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RECIPE Coconut Banana Pancakes



Ceri Marsh & Laura Keogh For Metro Canada

Celebrate the end of the week with a pancake equivalent of a pina colada.

Ready in

Prep time: 10 minutes Cook time: 20 minutes

Ingredients

- 1/2 cup spelt flour
- 1/4 cup ground almonds
- 1/4 unsweetened, shredded coconut
- 1 teaspoon baking powder
- 1/2 teaspoon cinnamon · pinch of salt
- 2 ripe bananas
- 1/2 cup almond milk
- 1/3 cup light coconut milk
- 1 teaspoon vanilla extract
- 1 teaspoon agave nectar or maple syrup
- · butter for pan

Directions

1. In a mixing bowl, combine

the flour, ground almonds, coconut, cinnamon, baking powder and salt.

- 2. Place one banana, coconut and almond milks, vanilla and syrup in a blender and blend until smooth. Add the milk mixture to the dry ingredients and stir until combined.
- 3. In a large skillet over medium heat, melt a small pat of butter and swirl it around. Then spoon the pancake mixture into the pan, allowing room for the pancakes to spread. Cook the pancakes for 2 to 3 minutes or until the mix bubble on the top. Flip the pancakes and allow to cook for another minute or two.
- 4. Remove the pancakes from the pan and keep warm. Top with with the other banana, sliced and serve with syrup.

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS 1. Half man/half dog like John Candy's character Barf in "Spaceballs" (1987) 4. Theatrical mono-Shopping __ 12. Grads-to-be [abbr.] 14. Valley where David slew Goliath 15. "Bolero" composer 16.1906-founded sports org. 17. Bosses, collectively 19. Wrapped 21. NBC host Hoda 22. "Journey to the _ of the Earth" (2008) 23. Video game maker 24. Angelina Jolie movie 27, 'Star Wars' character 28. What something cut in half consists of: 2 wds. 30. Tips, tiny-ly 32. Ms. Woodard 34. Web letter 35. Pet food brand 37."__for Murder" (1954) 39. AD's 'A' 40. Former 42, Farm structures 44. Bird that's a thief 45. One-of-some in the finished basement's ceiling 47. Pushers-catch-

16 19 22 23 28 32 35 36 40 42 44 43 45 47 49 50 59 60 63 65 66

51. Ryan and Tatum of "Paper Moon" (1973) 54. "_ Crazy" (1980) 55. k.d. lang album 56.1851: _ Beaver (Canada's first postage stamp) 60. Eagles song: "_'Eyes"

61. FOX News an-

chor Bret 62. Village dubbed 'A Little Bit of Holland in Saskatchewan' 63. Fair 64. "Funkytown" by __ Inc. 65. Initials-sharers of John Travolta's actress wife

66. Bible: Relative of Saul

DOWN 1. Cable news

network 2. Timely way to deliver theatrical lines: 2 wds. Crunchy apple: 2 wds. 4. Нарру 5. Shut out 6. '__Before Serving' (Orange juice carton message) 7. Record before broadcasting

10.Bush's "Everything __" 11. Computer key 13."..._ say..." = "...alas..." 14._green Belinda Carlisle, band-style 20. Mother of Helen of Troy 23. British band, Dire 24. Song by Canadian band Timber Timbre, quite an attraction in Arizona: 2 wds. 25. Singer Ms. Turner's autobiography: 2 wds. 26. "It must be ___ news day." 29. Music honour, e.g. 30. Miss Longstocking 31. Poi ingredients 33. __ Provincial Park, in Calgary 36. Roman sun god 38. Cher, Madonna, Beyonce or Sting 41. Rampage participants 43. Crooned 46. Film set job 48. Careens 52. "The Good Earth" (1937) Oscar-winning actress Ms. Rainer 53. Sir, in Spain 54, Ooze 55. 'Tsar' suffix (Russian empresses) 56. Li'l piece of furniture to eat at 57. Yes, in Japan 58. Tear 59. Particular

pol. party

*** IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

ing cop

49. 'Ghoul' suffix

bits humanoids

50. Hostile-to-Hob-

Aries March 21 - April 20 You will seek excitement today, because you crave something different! New romance, along with new pleasures and diversions, will delight you.

Taurus April 21 - May 21 You feel restless today. Some of you will dabble in a secret love affair. Others will explore a secret business that could bring them more money in the future.

II Gemini May 22 - June 21 You might make a new friend today: if so, this person will be unusual and exciting. Alternatively, some of you will be surprised at something that an existing friend might say or do. It's not a boring day!

Cancer June 22 - July 23 A surprise flirtation with your boss or someone in a position of authority might catch you off-guard today. Others will be delighted by unexpected praise or even a raise.

Leo July 24 - Aug. 23 A sudden chance to travel will drop into your lap today. However, existing travel plans might change. Whatever happens, you will expand your horizons.

Virgo Aug. 24 - Sept. 23 Gifts, goodies and favors from others will come your way today. Keep your pockets open and just say, "Thank you!" Ka-ching!

Libra Sept. 24 - Oct. 23 You might have an unexpected disruption to an existing relationship with a friend or partner. (Be careful that you don't stir the pot just because you can.)

Scorpio Oct. 24 - Nov. 22 An unexpected raise or praise from a boss might delight you today. Travel for pleasure suddenly might arise because something will please you at work.

Sagittarius Nov. 23 - Dec. 21 Romance might sweep you off your feet today, because this is a classic day for love at first sight. Others suddenly might have a chance to go on vacation. Yay!

Capricorn Dec. 22 - Jan. 20 You might buy something hightech for your home today. You also might buy modern art. A spontaneous party might occur. Like, wow!

Aguarius Jan. 21 - Feb. 19 Surprise news or an opportunity to meet new people and see new places will make this an exciting day for you. Stay flexible and light on your feet!

)-(Pisces

Feb. 20 - March 20 You might see new ways to earn money today. If so, you will have to act quickly, because this window of opportunity is brief. You might want to buy something.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

8. Farm animal

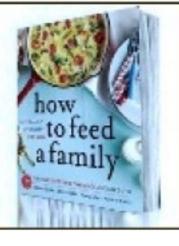
9. Rd. type

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As Seen In Metro!

Shop The Sweet Potato Chronicles Cookbook





YESTERDAY'S **ANSWERS**

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

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5	6	8	9	1	7	2	4	3



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